

APPENDIX F: PACKING AND PLANNING CONSIDERATIONS

- This list is not all encompassing.
- Quantities of items listed are highly mission variable and up to provider discretion.
- All efforts were made to list items in common use.

Instruments	Hemorrhage control
<ul style="list-style-type: none"> • Metzenbaum scissors • Mayo scissors • Rat Tooth/Adson/DeBakey forceps • Kelly, Mosquito, Hemostat forceps • Allis forceps • Needle drivers • #10/#11/#15 scalpels • Volkmann or Weitlaner retractors • Bovie pen 	<ul style="list-style-type: none"> • Combat Gauze/ChitoGauze • C-A-T^b tourniquet/SOF Tactical tourniquet, wide^c/Esmarch bandage/ sphygmomanometer with Esmarch bandage
Meds	General supplies
<ul style="list-style-type: none"> • Bacitracin/Silvadene • 2% Lidocaine with/without epinephrine • 8.4% sodium bicarbonate • 0.5% tetracaine hydrochloride (eye drops) • IV ertapenem • IV cefazolin • Oral moxifloxacin 400mg or oral levofloxacin 750mg • (Note: levofloxacin is preferred in wet/jungle environment) • Oral clindamycin 300mg • Pain and sedation medications • NaCl (for irrigation)/potable water source • Sterile water 	<ul style="list-style-type: none"> • Alcohol pads • Betadine swabs • 1mL, 5mL, 10mL, 35mL, 60mL syringes • 19g Catheter • 18g IV 1.5", 25g 1.5" hard needle • Irrigation bulb • Basin • Chux pads • Gloves of various sizes (small, medium, large) • IV tubing • Large-bore catheter • Constricting band • Saline lock • Suture/ligature (see Appendix A) • Skin stapler • Cotton tip applicators • Morgan lens • Sterile drapes or draping material that can be sterilized • Surgical masks • Surgical gowns • Sterile gloves • Ioban 2–23" × 23" • Tegaderm • Suction tubing • Suction device (SSCOR Quickdraw suction; TAC-SET)
Dressings	
<ul style="list-style-type: none"> • Kerlix • 6", 4" Ace wrap • Coban^a • 3", 2", 1" medical tape • Telfa/Adaptic • Silverlon • Dermabond/superglue • Steristrips 	

^a3M, <http://www.3m.com>;^bCombat Application Tourniquet, Composite Resources, <http://combattourniquet.com/>;^cTactical Medical Solutions, <https://www.tacmedsolutions.com>.