

# JOINT TRAUMA SYSTEM CLINICAL PRACTICE GUIDELINE



## Mechanical Ventilation Basics

This CPG is intended for non-critical care trained medical personnel with guidance on basic ventilator management.

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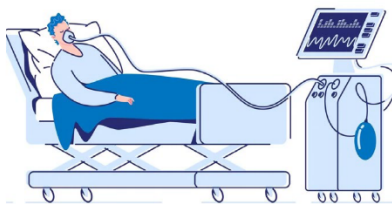
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*Guideline Only/Not a Substitute for Clinical Judgment*

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## SUMMARY OF CHANGES

1. Added the Ventway Sparrow POI and Transport Ventilator. Set up and troubleshooting procedures. The Sparrow is added to the SOCOM List of approved ventilators and is becoming more common in the DoD/NATO Forces.
2. Updated definitions on lung compliance.
3. Updated other definitions with recent research support.
4. Updated initial ventilator settings to recognize the Volume or Pressure support modes.
5. Added recommendation on ventilator testing.



# MECHANICAL VENTILATION BASICS

## Initial Ventilator Settings

- Set ventilator to Volume Assist/Control: Consider pressure support as needed
- Set driving mechanics by type of ventilation
  - Tidal Volume at 4-6 ml/kg Ideal Body Weight
  - Quick Reference (Male): (Appendix A)
  - 66" = ~380cc [min: 255 / max: 510]
  - 69" = ~420cc [min: 283 / max: 566]
  - 72" = ~465cc [min: 310 / max: 621]
  - 75" = ~505cc [min: 338 / max: 676]
- Set Rate to maintain proper minute ventilation (Ve) of 4-8 L/min (Vt x RR) Example: Ve of 6L/min=Vt of 500ml x RR of 12/min
- Set FiO2: Start at 100% and rapidly titrate down (Goal=40%) using ABGs/SpO2 (Goal SpO2 = >92%)
- Set Inspiration:Expiration (I:E) ratio: 1:2
- Set appropriate PEEP
  - 5 cmH2O and up titrate as needed
  - Consider starting hypoxic patients at 10 cmH2O
  - Remember increased PEEP can decrease SBP
- Use continuous capnometry/capnography (ETCO2), Especially in TBI patients
- Calculate O2 requirements
  - Minute Ventilation x FiO2 = LPM of pure O2
  - LPM x mission length (min) = Total L of pure O2
  - Example: Ve of 6LPM @ 50% FiO2 = 3 LPM of O2 required D cylinder (425L O2) will last ~141 min using 3 LPM
  - Consider 1.5x planning factor

## Troubleshooting Hypoxia - **DOPE**

### **D**isplacement of Advanced Airway/ Endotracheal Tube AA/ETT

- Visual confirmation ETT is in the airway
- Pull back if advanced
- Do NOT advance blindly without bougie
- If in doubt remove AA/ETT and use BVM
- Consider advanced airway (supraglottic or cricothyroidotomy)
- If AA/ETT moves freely, assess bulb for rupture

### **O**bstructions

Suction secretions in AA/ETT as needed

### **P**ressure

High pressure alarm on vent or high airway pressures noted.

- Tension pneumothorax/hemothorax
  - Chest tube in place/properly
  - Suctioning/not kinked or clamped
  - If suspected tension pneumothorax → needle decompression
- Obstruction (mucus plug)
  - Suction, irrigate with 10cc NS, resuction
- Auto PEEPing or breath stacking (disconnect circuit and gently squeeze chest for full exhalation and adjust settings)
- Circumferential burn patients not tolerating ventilation
  - Consider escharotomy
  - Consider additional paralysis/sedation

### **E**quipment

- Ventilator failed?
- O2 tank empty?
- Trace circuit to/from patient ensuring patency/connections

(Utilize waveform capnography to help determine cause)

## Airway Compromise/Lost Airway

Immediately disconnect ventilator and use manual BVM (plus PEEP if avail) with 100% O2



- Initial Tidal Volume based on IBW (target 6cc/kg IBW)
- ETCO2 monitored when available (target 35-45 mmHg)
- Adjustments to RR, Vt, FiO2, and PEEP based on clinical indicators and documented
- Patients arrive with PaCO2 of 35 – 45 mmHg



This information is pulled from the evidence-based Joint Trauma System (JTS) Mechanical Ventilation Basics Clinical Practice Guideline (CPG). JTS CPGs can be found at the [JTS CPG website](#) or the [JTS Deployed Medicine site](#).

## BACKGROUND

Intubation and mechanical ventilation are challenging skills in the austere environment and appropriate consideration must be taken when placing a patient on a mechanical ventilator. Ventilator management is resource intensive and demanding which might not make it appropriate for all tactical situations. **If a patient is maintaining their airway and has appropriate oxygenation and ventilation, they should not be intubated by prehospital providers for transport from point of injury (POI) to the first battlefield role of care.**

Intubation and providing mechanical ventilation are not without risk. The benefits should outweigh the attributable cost and risk of managing the mechanically ventilated patient, especially within the austere/ battlefield setting. Pathology associated with failure to oxygenate and failure to ventilate will most often require definitive airway interventions and appropriate mechanical ventilator support. At times, it may only serve as a temporizing measure while seeking definitive critical care. Initiation of mechanical ventilation must be guided by clinical suspicion of underlying pathophysiology and clear criteria. A definitive airway is required for effective mechanical

In patients with hemorrhagic shock requiring intubation and mechanical ventilation, remember the general principle of “resuscitation before intubation.” Utilize airway adjuncts if the patient’s airway can be maintained adequately during initial resuscitation efforts with blood products.

ventilation and these patients require sedation – both mechanical ventilation and sedation may make a hypotensive patient more hypotensive and could result in hemodynamic instability. Thoughtful consideration for the requirement of mechanical ventilation must occur. See the [JTS Airway Management of Traumatic Injuries and Analgesia and Sedation Management during Prolonged Field Care CPG](#). **In patients with hemorrhagic shock requiring intubation and mechanical ventilation, remember the general principle of “resuscitation before intubation.” Utilize airway adjuncts if the patient’s airway can be maintained adequately during initial resuscitation efforts with blood products. In an under-resuscitated patient, cardiac arrest can occur when induction and paralytic medications are given during rapid sequence intubation.**

The intent of this CPG is to provide the non-critical care trained medical personnel with guidance on basic ventilator management. Expanded information on definitions, ventilator terms and modes can be found in Appendix A and B. In the prolonged care setting, telemedicine consultation should be used if possible. Additional JTS CPGs with ventilatory support considerations are [Acute Respiratory Failure](#) and [Wartime Thoracic Injury](#).

## INITIAL VENTILATOR SETTINGS

***\*Prior to first use, ensure ventilator (as applicable) has been pre-set to utilize parameters of the user’s choice. Some ventilators may be preset to deliver an inspiration time (I-Time) instead of an I:E ratio. Some ventilators default to Volume or Pressure, which would need to be checked prior to use. Failure to appropriately set up and save these ventilator settings may delay use of the ventilator.***

1. **MODE:** Assist Control (AC) or Adaptive Support Ventilation (ASV) -Hamilton-T1 only

Ensure the setting is either Volume or Pressure support. Some ventilators default to different settings.

2. **Breaths Per Minute/Respiratory Rate:** 14BPM (10-30 range)
3. **TIDAL VOLUME (VT):** 6ml/kg IBW (4-8ml/kg IBW range)

Quick Reference: (Detailed reference in [Appendix C](#))

Male	Female
66" = ~380cc [min: 255 / max: 510]	60" = ~273cc [min: 182 / max: 364]
69" = ~420cc [min: 283 / max: 566]	63" = ~314cc [min: 210 / max: 419]
72" = ~465cc [min: 310 / max: 621]	66" = ~356cc [min: 237 / max: 474]
75" = ~505cc [min: 338 / max: 676]	69" = ~397cc [min: 265 / max: 530]

4. **Fraction of Inspired Oxygenation (FiO<sub>2</sub>):** 21 - 100% (0.21-1.0) (low flow O<sub>2</sub> @ 3 LPM (liters per minute) = ~ 40% FiO<sub>2</sub> [flowrate on Saros oxygen concentrator])
5. **Inspiratory-to-Expiratory (I:E) Ratio:** 1:2
6. **Positive End-Expiratory Pressure (PEEP):** 5 [Range 5-20 cmH<sub>2</sub>O]
7. **Pressure Support:** 5 [Range 5-20 cmH<sub>2</sub>O] Consider adding if the patient has airway edema or is being ventilated through a narrower diameter ETT.

## INITIAL SETTINGS

**NOTE:** Initial Ventilator settings are based on the patient's ideal body weight (IBW) and clinical condition. However, "basic" or standard starting points are necessary to begin treatment.

1. Set the ventilator to Volume Assist/Control. Consider pressure support if patient meets a clinical need.
2. Set driving mechanics by type of ventilation. Tidal Volume at 4-6 mL/kg IBW (Average adult male is 500 mL).
3. Set rate to maintain an appropriate minute ventilation (VE) of 4-8 L/min (VT x Rate = VE).
  - For a MV of 6L and a VT of 500, set the rate at 12.
  - Continuous capnometry or capnography is the standard for invasive airway management and should be used to monitor ventilations and as a tool to increase or decrease frequency. EtCO<sub>2</sub> is especially important for monitoring TBI cases.
  - It is advisable to set the respiratory rate close to what the intrinsic rate was prior to sedation and or paralysis as that rate was likely compensating for some metabolic derangement and just reflexively setting it to a "normal rate" might precipitate worsening acidosis.
4. Set appropriate PEEP. Minimum of 5 cmH<sub>2</sub>O. Start there and titrate up as needed. In hypoxic patients, consider starting at 10 cmH<sub>2</sub>O but take extreme caution if also hypotensive as PEEP may worsen BP.
5. Set FiO<sub>2</sub>. Depending on clinical condition the patient may need high FiO<sub>2</sub>. Start at 100% and **rapidly** titrate down to 40% using arterial blood gas and SpO<sub>2</sub> data. Do not rely on SpO<sub>2</sub> alone (if possible).<sup>1</sup>
6. Set Inspiratory: Expiratory Ratio (I:E) to 1:2 for most patients. Adjust to clinical conditions.
7. Oxygen requirements can be roughly calculated using Minute Ventilation x FiO<sub>2</sub> fraction to determine LPM of pure O<sub>2</sub> required (e.g., VE of 6 LPM @ 50% FiO<sub>2</sub> (0.5) = 3 LPM bottled or generated O<sub>2</sub> required.)

**NOTE:** Full D cylinder is ~425 liters O<sub>2</sub> at 2200psi (i.e. ~141minutes O<sub>2</sub> @ 3 LPM requirement above). Calculations should account for discrepancies in tank fill, leaks, dead space, etc. (consider a planning factor of 1.5-2 X calculated requirement).

## Recommendation

It is important to test ventilator settings prior to attaching to the patient. A recommendation is to have a test training lung with the equipment. An XL exam glove taped to the circuit is a field expedient test lung. This can ensure the ventilator is appropriately performing.

## ASSESSMENT AND THE INITIATION OF MECHANICAL VENTILATION

**Determining the need for mechanical ventilation is critical for the effective application of a mechanical ventilation device.** Mechanical ventilation has risks, especially in a prehospital environment without diagnostic tools such as CXR or ABG. Clinical acumen is vital to adequately predict a patient who will progress to respiratory compromise. Respiratory

compromise requiring ventilator support can be identified early in M-massive hemorrhage, A-airway, R-respiratory, C-circulation, and H-hypothermia (MARCH) assessment.

**Inability to adequately oxygenate, ventilate, or guard the airway are indications for mechanical ventilatory support – but the cause must be determined. Indications for intubation must be thoroughly considered as intubation and Positive Pressure Ventilation (PPV) have risks.** For example, a patient with increased work of breathing due to hypoxia from pneumothorax will be severely harmed by intubation with the introduction of positive pressure that can expand the pneumothorax and result in lethal tension physiology. Additionally, the bleeding patient who has a very high respiratory rate due to global tissue hypoxemia from hemorrhagic shock may have a full cardiovascular collapse with administration of induction intubation medications and positive pressure ventilation. Thus, it is of utmost importance to ensure that intubation and Mechanical Ventilation (MV) are necessary and critical, with a plan for treating the most likely underlying etiology in place.

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**NOTE:** Apneic patients with adequate circulation and an open airway require immediate assisted ventilation (i.e. bag valve mask [BVM]).

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Though ABGs are the standard for managing patients with respiratory compromise, they are not often readily available in the operational environment. Utilization of pulse oximetry (SpO<sub>2</sub>) and capnography/capnometry (EtCO<sub>2</sub>) can provide a rapid assessment of a patient's respiratory status (devices to achieve both are readily available in medical logistics systems).

SpO<sub>2</sub> values < 90% are indicative of potential oxygenation issues; however, values can be unreliable due to poor perfusion and altitude.

EtCO<sub>2</sub> values >45mmHg are indicative of hypoventilation, especially in the absence of tachypnea. Values <35mmHg indicate hyperventilation. It should be determined why the patient is tachypneic and the underlying cause treated. Mental preparation for mechanical respiratory support should be considered, but hypovolemia/hemorrhage must be treated first. Of note, EtCO<sub>2</sub> may not perfectly reflect the arterial CO<sub>2</sub> value in patients with significant lung injury and impaired gas exchange.<sup>2</sup>

A high index of suspicion for sepsis or another cause of metabolic acidosis should be considered in patients with low EtCO<sub>2</sub> and hyperventilation.

The inability for a casualty to maintain appropriate SpO<sub>2</sub> or EtCO<sub>2</sub> values through less invasive measures (airway adjuncts, supplemental O<sub>2</sub>, etc.) indicates the need for escalating support. For locations with point of care blood analyzers, inadequate blood gas values also indicate the need for respiratory support. Hemorrhagic shock will result in tachypnea and a low EtCO<sub>2</sub>. Intubation and mechanical ventilation prior to adequate blood resuscitation will result in circulatory collapse. It is critical to determine why the patient is tachypneic prior to intubation. Ruling out and treating both hemorrhage and tension pneumothorax (PTX) must occur before intubation. Additionally, a simple PTX which could result in moderate tachypnea, positive pressure ventilation can rapidly convert a simple PTX into a tension PTX which is immediately life threatening.

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**WARNING:** Prior to the application of mechanical ventilation and/or initiation of invasive airway devices (e.g., Endotracheal Tube (ETT), extraglottic airways), patients must receive adequate sedation (and paralysis as appropriate/required). **Never paralyze a patient who has not received sedation (in the prehospital environment, Ketamine should be first line for sedation)** Detailed guidelines for the initiation and maintenance of this sedation can be found in the [JTS Analgesia and Sedation Management during Prolonged Field Care CPG](#).

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If respiratory insufficiency amenable to respiratory support is identified during the assessment, the initiation of timely mechanical ventilation can improve casualty outcomes. This can be as simple as BVM support or as complex as a critical care transport ventilator (e.g. Hamilton-T1 or Zoll EMV+), See [Appendix D: Impact 754](#), [Appendix E: Zoll EMV+ \(731 Series\)](#), [Appendix F: Hamilton-T1](#), [Appendix G: Save II](#), [Appendix H: Ventway Sparrow](#).<sup>3,4</sup>

All casualties requiring advanced airway management should have a Heat and Moisture Exchanger (HME) attached to the BVM or the circuit tubing. This aids in humidification, heat conservation, reduced infection risk, and comfort/compliance. If used with an EtCO<sub>2</sub> cap or device, the HME should be placed above the EtCO<sub>2</sub> cap/device to enable more accurate EtCO<sub>2</sub> measurements.

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**CAUTION:** BVM respiratory support should be utilized as a temporary measure until mechanical ventilators can be applied. BVMs deliver irregular tidal volume (VT) and respiratory rates.

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Although PEEP is helpful in maximizing alveoli recruitment it can also contribute to worsening hypotension in hypovolemic patients and concomitant aggressive resuscitation.

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**NOTE:** Many patients may require increased sedation (and paralysis) for effective ventilation. Patients who are not properly sedated may cause issues with high pressure alarms as they breathe over the ventilator increasing their minute volume and intrathoracic pressures.

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Gastric decompression is also a necessary step after securing the definitive airway and initiation of mechanical ventilation.

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## TROUBLESHOOTING

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### AIRWAY COMPROMISE OR LOST AIRWAY

If at any time the patient begins to de-saturate or develop respiratory problems, immediately disconnect the ventilator, and manually ventilate the patient with BVM (with PEEP valve if available) and 100% O<sub>2</sub> while correcting issues utilizing the following D.O.P.E. algorithm.<sup>1</sup>

- **Displacement:** Verify that ETT is in place, patient not extubated/tube did not move during transfer.
  - Check depth of the ETT by evaluating the numbers on the ETT. To confirm it is in the trachea, you must directly visualize the ETT's position using direct or video laryngoscopy. If the ETT has advanced – pull back to original length and attempt to bag; if tube has pulled farther out of trachea, DO NOT ATTEMPT TO ADVANCE the ETT without laryngoscopy or placement of bougie to verify tracheal placement. When advancing the bougie, feel for tracheal rings or stop/ resistance at the carina. If in doubt, remove the endotracheal tube and attempt BVM. If air movement is adequate, continue to bag ventilate the patient. Upon stabilization, consider alternative advanced airways (supraglottic airway or cricothyroidotomy).  
\*\*If ETT moves freely, access for ETT bulb rupture via cuff manometer.<sup>5</sup>
- **Obstructions:** Assess for secretions in ETT. Suction if indicated.
- **Pressure:** Ensure that a tension pneumothorax / hemothorax has not developed (if the chest tube is in place, ensure it is properly suctioning, not kinked or clamped). If tension pneumothorax / hemothorax is suspected, perform immediate needle thoracentesis. Auto PEEPing or breath stacking can mirror development of a tension pneumothorax (disconnect circuit and gently squeeze chest for full exhalation and adjust settings see below for further description). Assess the need for escharotomy if circumferentially burned. Consider additional paralysis and sedation if patient does not tolerate ventilation.<sup>5,6</sup>
- **Equipment:** Ensure that ventilator did not fail; O<sub>2</sub> tank not empty. If ventilator is operational, trace all tubes to the patient connection (airway tube, transducer line, exhalation line) ensuring patency and connections.<sup>1</sup>
- **Waveform Capnography:** The utilization of concurrent waveform capnography may assist in determining the causative issue while working the D.O.P.E mnemonic.

### ALARMS

High pressure alarms/Peak airway pressure alarms (Peak pressure >35 cm H<sub>2</sub>O): Correct problems causing increased airway resistance and decreased lung compliance, including pneumothorax or pulmonary edema. Check the ventilator to ensure the prescribed tidal volume is being delivered. Check for linked/crushed tubing.



## AIR LEAKS

Air leaks causing low pressure alarms/volume loss: ETT cuff malfunction/rupture is most commonly identified through loss of VT or audible leak. Assess, correct air leaks in endotracheal tube, tracheostomy cuff, ventilator system; recheck ventilator to make sure prescribed tidal volume is delivered.<sup>3</sup>

## VENTILATOR DYSSYNCHRONY

Ventilator dyssynchrony is a clinical entity in which ventilator gas delivery and patient respiratory mechanics are not matched. Agitation and respiratory distress that develop in a patient on a mechanical ventilator who has previously appeared comfortable represents an important clinical circumstance that requires a thorough assessment and an organized approach. The patient should not always be automatically re-sedated but must instead be evaluated for several potentially life-threatening developments that can present in this fashion.<sup>7</sup>

## LUNG HYPERINFLATION

Lung hyperinflation (air trapping) and auto-PEEP: Dynamic hyperinflation is associated with positive end-expiratory alveolar pressure, or auto-PEEP. The physiologic effects of air trapping include decreased cardiac preload because of diminished venous return into the chest. This can lead to hypotension and, if severe, to pulseless electrical activity and cardiac arrest. Dynamic hyperinflation can also lead to local alveolar over-distention and rupture. Prevent and manage lung hyperinflation by decreasing tidal volume, changing inspiratory and expiratory phase parameters, switching to another mode, and correcting physiological abnormalities that increase airway resistance.<sup>8,9</sup> In an emergency, auto-PEEP from air trapping can be relieved by simply disconnecting the circuit from the endotracheal tube for 3-5 seconds, and then reconnecting.

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## CHANGES IN RESPIRATORY STATUS

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1. Assess patient's prior interventions.
2. Assess the following patient's respiratory status:
  - Rate
  - Rhythm
  - Depth
  - Effort
3. Assess monitors:
  - Oxygenation (SpO<sub>2</sub>)
  - EtCO<sub>2</sub> (with advanced airway or EMMA mounted on non-rebreather mask)
  - Cardiac monitoring if available
4. Determine cause of ventilation issue and/or ventilator alarm using DOPE mnemonic.



**Table 1.      Trouble shooting – DOPE Algorithm**

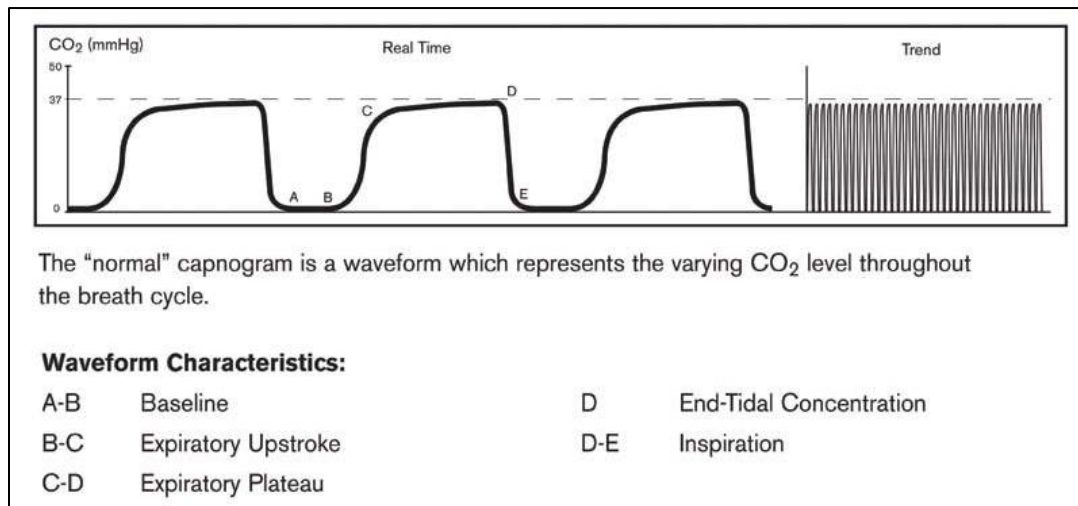
Alarm	DOPE	Possible Cause	Troubleshooting
High Pressure	D	Mainstem intubation	If the tube has advanced and unilateral ventilation is confirmed, retract the tube to proper depth using bougie technique to maintain placement.
High Pressure	D	Esophageal intubation	If the tube is advanced and unilateral ventilation is not present, rule out esophageal intubation – evaluate with DL or VL. If breath sounds are present over abdomen, or gastric distention noted, remove the ET tube and secure airway by other means and place gastric tube for evacuation of gastric contents.
High Pressure	O	Obstruction of ET tube	Place patient on FiO <sub>2</sub> 1.0 (100%) and prepare suction equipment. Suction airway using standard technique. If inhalation injury is suspected (burn, agent), saline may be used to facilitate suctioning.
High Pressure	O/E	Obstruction of ventilator circuit	Ensure circuit connections are attached and not kinked paying particular attention to connections and sharp bends.
High Pressure	P	Pulmonary circuit	Rule out/treat hemothorax / pneumothorax.
High Pressure	P	Pulmonary circuit	Consider Pulmonary Edema. Prolong Inspiratory time if appropriate (i.e. adjust from 1:3 to 1:2 to 1:1).
High Pressure	P	Pulmonary circuit	Consider airway swelling; may need to add or increase Pressure Support
High Pressure	P	Pulmonary circuit	Evaluate Tidal Volume. Consider lowering by 1cc/kg (min. 4cc/kg).
High Pressure	P	Patient arousal	Address analgesia/sedation needs.
High Pressure	P	Stacked breath/air trapping	Disconnect patient from the circuit and allow full exhale. Address cause (patient triggering, high rate, incomplete exhalation).
High Pressure	P	Chest tube malfunction	If hemothorax / pneumothorax are suspected, disconnect all attachments and troubleshoot chest tube and components.
High Pressure	P	Patient position	If laying supine, elevate head of bed to reduce gravitational pressure on the chest.
High Pressure	E	Alarm setting	After ensuring patient optimization, adjust alarm settings.
Low Pressure	D	Extubation	If tube has been removed from the trachea, secure the airway using method within scope/skill of the provider.
Low Pressure	D	Esophageal intubation	If tube is advanced and unilateral ventilation is not present, rule out esophageal intubation. If breath sounds present over abdomen, or gastric distention noted, remove ET tube and secure airway by other means and place gastric tube for evacuation of gastric contents.
Low Pressure	E	ET tube balloon	Ensure ET Tube cuff is inflated (25-35 cmH <sub>2</sub> O). If the cuff will not maintain inflation, exchange ET tube using bougie technique.
Low Pressure	E	Ventilator disconnect/leak	Ensure all connections are attached securely to the appropriate point. Run bare hand along circuit to feel any air escaping during inhalation paying special attention to valves and connections.
Low SpO <sub>2</sub>	DOPE	Assess patient	For acute desaturation, place FiO <sub>2</sub> at 1.0 (100%). Check chest rise and fall, EtCO <sub>2</sub> , SpO <sub>2</sub> probe placement. Check all conditions from high/low pressure chart to rule out other alarm failures.
Low SpO <sub>2</sub>	x	Increase in altitude	Increase FiO <sub>2</sub> to compensate for decrease in pressure.
Low SpO <sub>2</sub>	x	Patient deterioration	If desaturation is gradual and presumed to be caused by patient pathology, increase PEEP and FiO <sub>2</sub> in a stepwise fashion according to ARDSNet table.
Low SpO <sub>2</sub>	x	Patient deterioration	Attempt alveolar recruitment maneuvers. Inflation to 30 - 40 cm H <sub>2</sub> O for 30 - 40 seconds (difficult with PMI).

Alarm	DOPE	Possible Cause	Troubleshooting
			<p>Recruitment maneuver can be performed with bag-valve manual ventilation.</p> <ol style="list-style-type: none"> <li>1. Set PEEP valve on bag-valve unit to 15 - 20 cm H<sub>2</sub>O.</li> <li>2. Deliver five sequential breaths, each held for 5 - 8 seconds.</li> <li>3. Watch blood pressure closely. Terminate if hypotension develops.</li> <li>4. Clamp endotracheal tube while switching between ventilator and bag.</li> <li>5. Immediately assess for tension pneumothorax, if applicable.</li> </ol>
Low SpO <sub>2</sub>	E	O <sub>2</sub> supply	Check O <sub>2</sub> PSI and condition of hose/connections.)
High EtCO <sub>2</sub>	E	Incorrect vent settings	V <sub>E</sub> may be too low (Adjust V <sub>T</sub> f/I:E for patients IWB).
High EtCO <sub>2</sub>	x	Hypermetabolic state	Address pain, shivering, hyperthermia / infection.
High EtCO <sub>2</sub>	x	Respiratory insufficiency	Increase rate (current EtCO <sub>2</sub> x current rate/40). V <sub>E</sub> may be too high (Ensure proper V <sub>T</sub> /f/I:E for patients IWB).
Low EtCO <sub>2</sub>	E	Incorrect vent settings	V <sub>E</sub> may be too high (Ensure proper V <sub>T</sub> /f/I:E for patients IWB).
Low EtCO <sub>2</sub>		Ventilator dyssynchrony	If on AC and patient is not properly sedated, the patient may be breathing over the ventilator settings, increasing their V <sub>E</sub> . Consider sedation medications followed by paralytics, as needed.
Low EtCO <sub>2</sub>	x	Low perfusion state (hypovolemia or sepsis)	CHECK PATIENT'S PULSE FOLLOWING RAPID DROP. Continue to resuscitate patient within scope and skill.
Low EtCO <sub>2</sub>	x	Decrease in alveolar ventilation	Suction patient if suspected mucus/secretion plug. If associated with high pressure alarm, consider alveolar distention (air trapping/stacked breathing): remove patient from ventilator and allow full exhale.
Low EtCO <sub>2</sub>	x	Respiratory compensation (metabolic acidosis)	DO NOT ATTEMPT TO NORMALIZE patient's breathing without ABG and expert consultation.
Low EtCO <sub>2</sub>	x	Low perfusion state (hypovolemia or sepsis)	CHECK PATIENT'S PULSE FOLLOWING RAPID DROP. Continue to resuscitate patient within scope and skill.
Low EtCO <sub>2</sub>	x	Decrease in alveolar ventilation	Suction patient if suspected mucus/secretion plug. If associated with high pressure alarm, consider alveolar distention (air trapping/stacked breathing): remove patient from ventilator and allow full exhale.
Low EtCO <sub>2</sub>	x	Respiratory compensation (metabolic acidosis)	DO NOT ATTEMPT TO NORMALIZE patient's breathing without ABG and expert consultation.

Source: USASAM, Enroute Care Branch Ventilator Guide<sup>10</sup>

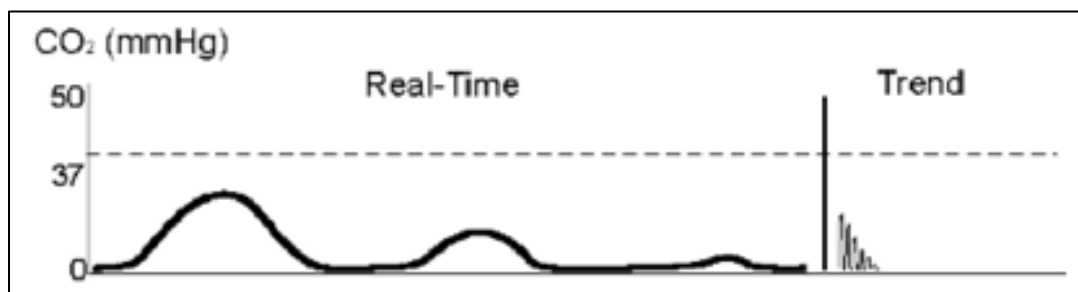
## Recently published USAF EMS protocols

**Figure 1. Normal Capnogram, Normal EtCO<sub>2</sub> : 35-45 mmHg**



Courtesy Respironics Inc. (2005). Capnography Reference Handbook.

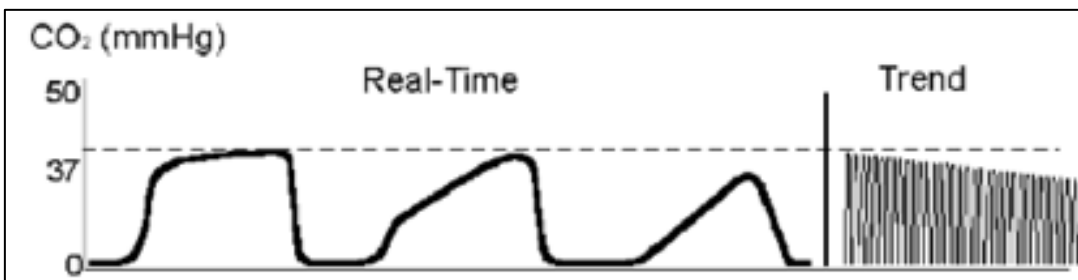
**Figure 2. Endotracheal Tube in Esophagus**



Possible causes:

- Missed intubation
- A normal capnogram is the best evidence that the ET tube is correctly positioned.
- With ET tube in the esophagus, little or no CO<sub>2</sub> is present.

**Figure 3. Obstruction in Airway or Breathing Circuit**



**Possible causes:**

- Partially kinked or occluded artificial airway
- Presence of foreign body in the airway
- Obstruction in expiratory limb of breathing circuit
- Bronchospasm

Source: <https://openairway.org/capnography>

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## PERFORMANCE IMPROVEMENT (PI) MONITORING

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### POPULATION OF INTEREST

All patients with an advanced airway requiring mechanical ventilation during transport.

### INTENT (EXPECTED OUTCOMES)

1. Initial tidal volume is based on ideal body weight, targeting 6cc/kg.
2. EtCO<sub>2</sub> is monitored, targeting a range between 35-45 mmHg.
3. Adjustments to respiratory rate, tidal volume, FiO<sub>2</sub>, and PEEP are based on clinical indicators (i.e. oxygen saturation, peak airway pressure, EtCO<sub>2</sub>) and documented on the DD 3104
4. All patients in the population of interest arrive with PaCO<sub>2</sub> 35-45mmHg.

### PERFORMANCE/ADHERENCE MEASURES

Number and percentage of patients with an advanced airway that arrive with initial PaCO<sub>2</sub> 35-45mmHg.

### DATA SOURCES

- Patient Record
- Department of Defense Trauma Registry (DoDTR)

### SYSTEM REPORTING & FREQUENCY

The above constitutes the minimum criteria for PI monitoring of this CPG. System reporting will be performed annually; additional PI monitoring and system reporting may be performed as needed.

The system review and data analysis will be performed by the JTS Chief and the JTS PI Branch.

### RESPONSIBILITIES

It is the trauma team leader's responsibility to ensure familiarity, appropriate compliance, and PI monitoring at the local level with this CPG.

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## APPENDIX A: DEFINITIONS AND VENTILATOR TERMS

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### MECHANICS/PHYSIOLOGY OF BREATHING

1. **Respiratory drive:** The normal respiratory rate is 12-20 bpm. Respiratory drive is controlled by central and peripheral receptors based on arterial concentrations of carbon dioxide (CO<sub>2</sub>); oxygen (O<sub>2</sub>), and hydrogen ions. Increased intracranial pressure, administration of opioids and other medications may cause a central decrease in respiratory drive. This could result in insufficient ventilation to maintain an adequate level of oxygenation and clearance of CO<sub>2</sub>.<sup>1-3</sup>
2. **Work of breathing:** Work of breathing is the mechanical work needed to maintain oxygenation and ventilation. Pain, acidosis, and hypermetabolic states will cause an increased work of breathing. This is not necessarily pathologic but does indicate additional respiratory support is needed while working up the underlying etiology. Prolonged tachypnea, with etiology undiagnosed and untreated, can lead to inspiratory muscle fatigue which could require mechanical ventilator support (e.g., hemorrhagic shock, severe rib fractures, untreated asthma, etc.)<sup>1-3</sup>
3. **Lung compliance:** Lung compliance is the ability of the lung to expand when given a certain amount of air pressure. The more compliant the lung, the less pressure needed for it to expand to a certain volume. Lungs with low compliance will require higher pressures to expand to the same volume as a normal lung. Internal causes such as pneumothorax and fluid/blood in the alveoli can decrease lung compliance. There are also external causes that decrease lung's ability to expand due to the stiffness of the chest wall, such as obesity, pregnancy, burns, chest wall injury.<sup>1-5</sup> A decrease in lung compliance from any cause can lead to hypoxemia and hypercapnia.
4. **Tidal volume (TV or VT):** Is the volume of air that is exchanged in one breath. Decreases in tidal volume can result from external pressure (i.e. Pneumothorax, hemothorax, tension pneumothorax) by effectively reducing lung volume. Dynamic hyperinflation also known as "breath stacking" is caused by the inability to completely exhale and can lead to "auto-positive end expiratory pressure (auto-PEEP)." This may be due to inadequate exhalation time, airflow obstruction, or both. This condition leads to decreasing tidal volumes and can cause hemodynamic compromise.<sup>1-3</sup>
5. **Oxygenation:** The successful binding of oxygen to hemoglobin at the cellular level in the alveoli, drives SaO<sub>2</sub> (arterial oxygen saturation) and SpO<sub>2</sub> (oxygen saturation) values. Successful alveolar gas exchange enables efficient aerobic respiration at the cellular level in all perfused body tissues.<sup>1-3</sup>
6. **Diffusion/exchange:** The process where oxygen (O<sub>2</sub>) is exchanged with CO<sub>2</sub> on red blood cells in the alveoli/pulmonary capillaries for transport to body tissues. Pathologic conditions such as pulmonary edema, pneumonia, and acute respiratory distress syndrome (ARDS) can impair diffusion of oxygen across the alveolar membrane leading to reduced oxygen saturation of hemoglobin.<sup>1-3</sup>
7. **Fraction of Inspired Oxygen (FiO<sub>2</sub>):** Normal atmospheric air contains 21% oxygen or an FiO<sub>2</sub> of 0.21. By increasing the percentage of oxygen delivered to the patient (supplemental oxygen), you can potentially increase the arterial oxygen saturation and oxygen content of the bloodstream.<sup>1-3</sup>
8. **Dead Space:** Any part of the airway where gas exchange does not occur, pharynx, larynx, trachea, bronchi, and ventilator tubing are examples.
9. **Hypoxia:** A state of O<sub>2</sub> deficiency in the tissue significant enough to cause impairment of function. Causes can be multifactorial to include low PaO<sub>2</sub> due to elevation/altitude(>10,000 feet), decreased available RBCs such as hemorrhage or decreased RBC functionality such as CO poisoning, inadequate circulation or perfusion such as G force pooling or hypotension causes without RBC deficits, and decreased tissue level oxygen transport such as in cyanide poisoning.<sup>1-3</sup>

## VENTILATION Definitions

1. **Minute ventilation (VE):** Tidal volume multiplied by the respiratory rate (normal is 60cc/kg/min), usually expressed in liters (8-10L.min). The body regulates carbon dioxide through changes in minute ventilation. Increases in carbon dioxide leads to increased respiratory rate and/or tidal volume and increased minute ventilation (amount of air exchanged during one minute of ventilation).<sup>1-3</sup>
2. **Peak Inspiratory Pressure (PIP):** The greatest pressure within the lungs during inspiration. Pressures above 35mmHg have been shown to cause pressure-related lung injury (barotrauma). Ideally, pressures should remain below 30 mmHg. Increased peak pressures are usually due to increases in resistance or decreased lung compliance within the respiratory system (e.g., kink in the circuit, mucous plugging, laryngospasm/bronchospasm, tension pneumothorax, inability for adequate exhalation, edema).<sup>1-3</sup>
3. **Plateau pressure:** It is the static pressure achieved at the end of a full inspiration. To measure plateau pressure, we need to perform an inspiratory hold on the ventilator to permit the pressure to equalize through the system. Plateau pressure is a measure of alveolar pressure and lung compliance. Normal plateau pressure is below 30 cm H<sub>2</sub>O, and higher pressure can generate barotrauma. Checking a plateau pressure is helpful to delineate between a resistance or compliance problem. If peak pressures are high and plateau pressures are normal, this is indicative of a resistance problem (kinked circuit, ventilator asynchrony, laryngospasm, mucous plugging, etc.). If peak and plateau pressure are high, this is more likely from compliance issues such as pneumonia, pulmonary edema, atelectasis, pneumothorax, abdominal compartment syndrome, etc.).
4. **End Tidal CO<sub>2</sub> (EtCO<sub>2</sub>):** Measurement of carbon dioxide on end tidal expiration. Normal values are 35mmHg-45mmHg. Exhaled gasses are analyzed by either vital signs monitor or portable EtCO<sub>2</sub> devices (e.g., EMMA) a quantitative capnograph or capnometer is the clinical standard of care with invasively ventilated patients. EtCO<sub>2</sub> is one of the most useful measures to determine overall adequacy of ventilation. Anyone who is intubating a patient and putting them on mechanical ventilation must be able to monitor EtCO<sub>2</sub>.
5. **Arterial Blood Gas (ABG):** Although continuous pulse oximetry and EtCO<sub>2</sub> can reliably confirm adequate oxygenation, ventilation, and guide most ventilator changes – ABGs are the gold standard for evaluating acid-base status, oxygenation, ventilation and adjusting ventilation settings. If a point of care blood gas analyzer is available, this can enable targeted ventilator setting changes. Knowing these values will greatly improve critical care guidance via telemedicine resources. At facility-based care (Role 2 care and beyond) an arterial line for continuous blood pressure monitoring and ABG sampling should be placed.
6. **Normal ABG values:**
  - pH (7.35-7.45)
  - PaO<sub>2</sub> (75-100 mmHg)
  - PaCO<sub>2</sub> (35-45 mmHg)
  - HCO<sub>3</sub> (22-26 meq/L)
  - Base excess/deficit (-2 to +2)
  - SaO<sub>2</sub> (95-100%)

## ABG DEFINITIONS

While in the PH and rotary wing transport environments, it is rare to obtain an ABG – knowing the normal values is important to check a patient prior to Role 2 to Role 3 RW transport. The ABG is extremely useful in trauma resuscitations because the pH, lactate and base deficit will give an overall picture of perfusion.

1. **pH:** Measure of hydrogen ion concentration (i.e. acid-base status). Acidosis (low pH) leads to coagulopathic states in trauma patients as well as development of potentially fatal cardiac arrhythmias.
2. **PaO<sub>2</sub>:** Measurement of dissolved oxygen in blood, also a measurement of adequacy of gas exchange at the cellular level.



3. **PaCO<sub>2</sub>**: Measurement of dissolved carbon dioxide in blood, also a measurement of adequacy of gas exchange at the cellular level.
4. **HCO<sub>3</sub>**: Measurement of bicarbonate in the blood, serves as a buffer against acid.
5. **Base excess**: Gives indication of metabolic component of blood gas results, most likely will not change field ventilator management but can provide information for telemedicine consultation regarding adequacy of resuscitation.
6. **SaO<sub>2</sub>**: Percentage of oxygen bound to hemoglobin in arterial blood, correlates closely with SpO<sub>2</sub> values.

## VENTILATOR TERMS

1. **Volume-targeted modes**: Volume constant, inspiration terminates when preset VT delivered. Peak airway pressure is variable and increases as needed to deliver prescribed VT. This is generally represented by a constant flow waveform.
2. **Pressure-targeted modes**: Volume variable and dependent on pulmonary compliance. The vent terminates flow of air when the pressure is met. Peak airway pressure is fixed, determined by set pressure level. This is generally represented by a decelerating flow waveform.
3. **Tidal volume (VT)**: Is the volume of gas, exchanged during a breath and commonly expressed in milliliters. VT is generally set between 4-8 ml/kg ideal body weight (IBW), to prevent lung over distension and barotrauma.
4. **Frequency (f)**: Is the rate, per minute, of breathing (patient or ventilator). Known as respiratory rate (RR).
5. **Minute Ventilation (Ve)**: Is the average volume of gas entering, or leaving, the lungs per minute, commonly expressed in liters per minute. The product of VT and RR (respiratory rate). Normal Ve is 5 – 10 L/min.
6. **Inspiratory (I) and Expiratory (E) time and I:E ratio**: Is the period of time over which the VT is delivered. Setting a shorter inspiratory time (I) results in a faster inspiratory flow rate in volume cycled ventilation. Average adult inspiratory time is 0.7 to 1 second. I:E ratio is usually 1:2.
7. **Positive end-expiratory pressure (PEEP)**: Is the amount of positive pressure that is maintained at end-expiration. It is expressed in centimeters of water (cmH<sub>2</sub>O). The purpose of PEEP is to increase end-expiratory lung volume and reduce air-space closure at end-expiration. Normal physiologic PEEP is 5 cmH<sub>2</sub>O.
8. **Pressure Support (PS)**: Delivers flow at a set pressure, generally to overcome resistance of the airway and ventilator circuit. PS can also be used to support a spontaneously breathing patient, such as with Bi-PAP.
9. **Flow**: Is the velocity at which gas is delivered to the patient, expressed in liters per minute. When the flow rate is set higher, the speed of gas delivery is faster and inspiratory time is shorter.
10. **Peak Inspiratory Pressure (PIP)**: Represents the total pressure that is required to deliver the VT and depends upon various airway resistance, lung compliance, and chest wall factors. It is expressed in centimeters of water (cmH<sub>2</sub>O).
11. **Sensitivity or trigger sensitivity**: Effort, or negative pressure, required by the patient to trigger a machine breath, commonly set so that minimal effort (-1 to -2 cmH<sub>2</sub>O) is required to trigger a breath.<sup>1,3</sup>

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## APPENDIX B: VENTILATOR MODES AND SETTINGS

VENTILATOR MODES				
Modes are volume or pressure based	These are 3 features	Trigger (T) - what imitates a breath Cycle (C) - what ends a breath Limit (L) - what stops a breath early		
VC Volume Control	Each breath is a fixed tidal volume (mandatory and patient triggered) T - time/pressure/flow C - time L - volume	Ensures minute ventilation so controls CO <sub>2</sub> Prevents tidal volumes larger than set volume	Can result in high pressures Patients can only trigger early mandatory breaths at certain times. Can cause dyssynchrony	TV RR I:E ratio/inspiratory time PEEP FiO <sub>2</sub>
PC Pressure Control	Each breath is a set pressure for a set time (mandatory and patient triggered) T - time/pressure/flow C - time L - volume	Prevents high pressures	Can result in low or high volumes so MV not controlled	Pressure RR I:E ratio/inspiratory time PEEP FiO <sub>2</sub>
SIMV Synchronized Intermittent Mandatory Ventilation	Can be volume or pressure based. Patient can receive set mandatory breath, trigger an early mandatory breath or trigger a pressure supported breath depending on respiratory cycle time.	Advantages of VC or PC plus better patient synchrony as patients can trigger PS breaths	Disadvantages of VC or PC depending on mode Patients can only trigger breaths (early mandatory or PS) at certain times. Can cause dyssynchrony (but less than VC or PC)	TV or pressure RR I:E ratio/inspiratory time PEEP FiO <sub>2</sub> PS
PRVC Pressure Regulated Volume Control APV VC+ Autoflow	Hybrid mode that constantly changes inspiratory pressure to achieve a set tidal volume. Also allows PS breaths T - time C - volume L - volume	Combines advantages and removes disadvantages* of volume and pressure-controlled modes. <b>*If pressure support not included can cause dyssynchrony +/- injury if respiratory drive high</b>		TV RR I:E ratio/inspiratory time PEEP FiO <sub>2</sub> PS
DuoPaP BiLevel BipapASB	Pressure control mode. Cycles between set low- and high-pressure levels depending on inspiratory time. Patients can breathe spontaneously at any time on either pressure level. Pressure support also included.	Prevents high pressures. Comfortable as patient can breathe at any time.	Can result in low or high volumes so MV not controlled.	High PEEP Low PEEP RR I:E ratio/inspiratory time PS FiO <sub>2</sub>

VENTILATOR MODES				
APRV Air Pressure Release Ventilation	The same as DuoPAP but with an inverse I:E ratio. Expiratory/release time too short to return to FRC. Thigh sets RR Flow sets TV	As for DuoPAP Inverse ratios increase mean airway pressure and many increase lung recruitment Improves oxygenation.	Complicated. Like all modes will result in lung injury if set wrong. No mortality benefit.	Start settings Thigh 5s Flow 0.5s High PEEP 25 Low PEEP 5 PS 5
PS Pressure Support	All breaths (rate and volume) determined by patient effort T - flow/pressure C - flow L - pressure	Most comfortable mode Ideal weaning mode	Patient must be breathing spontaneously. Does not guarantee adequate minute ventilation.	PS PEEP FiO2

Source: @icmteaching, <https://criticalcarenorthampton.com/quick-ventilation-guide/>

### Volume-targeted Modes

- **Volume Assist/Control (V-AC), Assist Control (AC) or Volume Control Ventilation (VCV):** Delivers a preset number of mandatory breaths per minute (control part). The patient can take their own breaths in addition to mandatory breaths, with each spontaneous breath receiving the full preset tidal volume (assist part). Airway pressures can vary during delivery. <sup>1-3</sup>
- **Volume Synchronized Intermittent Mandatory Ventilation (V-SIMV)** combines mandatory breaths and supported breaths. “synchronized” means it will adjust the delivery of breaths with the patient’s effort. “Intermittent” means that not all breaths are supported. The ventilator delivers a preset number of mandatory breaths per minute. Any breath taken over the set RR will not receive the set tidal volume and is solely based on the patient’s lung compliance and effort. Newer models offer PS with patient triggered breaths.

### Pressure-targeted Modes

- **Pressure Support Ventilation (PSV)** supports every patient breath with a preset amount of pressure support. No mandatory breaths are given, so the patient must be spontaneously breathing.
- **Pressure Assist control (P-AC), or Pressure Control Ventilation (PCV)** delivers a set number of mandatory pressure-controlled breaths, in which the patient receives a fixed pressure during a preset inspiratory time. Any breaths over the set rate will be pressure controlled with the same amount of pressure. The delivered tidal volume will be based on the amount of pressure applied, the lung compliance and airway resistance of the patient.

### Adaptive Support Ventilation (ASV)

ASV provides intelligent ventilation mode that continuously adjusts respiratory rate, tidal volume, and inspiratory time depending on the patient’s lung mechanics and effort. This is similar to “Auto-Flow” or other like settings on different brands of ventilators. Currently only available on the Hamilton-T1.

### Continuous Positive Airway Pressure (CPAP)

CPAP is a type of positive airway pressure, where the air flow is introduced into the airways to maintain a continuous pressure to constantly stent the airways open, in people who are breathing spontaneously.<sup>1</sup> CPAP provides constant pressure above that of the atmospheric pressure. Delivered via the upper respiratory tract.

### Pressure Regulated Volume Control (PRVC) Ventilation

PRVC ventilation is designed for invasive mechanical ventilation and combines volume and pressure strategies. PRVC delivers a pressure-controlled and tidal volume (VT)–targeted breath using a decelerating flow waveform pattern that allows unrestricted spontaneous breathing with or without pressure support (PS). <sup>2</sup> (may be Impact 731 only). \*\*\*

**BL (bilevel)**

The BL ventilator provides two pressure settings to assist patients breathing spontaneously: a higher inhalation pressure (IPAP) and a lower exhalation pressure (EPAP).

NOTE: This feature is only available on the Zoll. \*\*\*

\*\*\*See [Acute Respiratory Failure CPG](#) for more detail on advanced ventilator modes/settings.

**VENTILATOR ADJUSTABLE SETTINGS****Tidal volume (VT)**

The volume of gas, exchanged during a breath and commonly expressed in milliliters. VT is generally set between 4-8ml/kg IBW, to prevent lung over distension and barotrauma.<sup>4-8</sup>

**Ideal IBW**

The weight at which tidal volume is calculated against instead of using actual weight. This enables patients to be ventilated in a lung-protective strategy. A quick reference chart can be found in [Appendix C](#). IBW can be calculated manually as follows:

- Male:  $\{(\text{Height in inches}-60) \times 2.2\} + 50$  (e.g. 72in-60= 12;  $12 \times 2.2 = 26.4$ ;  $26.4 + 50 =$  IBW of 76.4 kg)
- Female:  $\{(\text{Height in inches}-60) \times 2.2\} + 45$  (e.g. 65in-60= 5;  $5 \times 2.2 = 11$ ;  $11 + 45 =$  IBW of 56 kg)

**Minute Ventilation (VE)**

The average volume of gas entering, or leaving, the lungs per minute, commonly expressed in liters per minute. Also called minute volume. Minute ventilation is the product of VT and RR (respiratory rate). Normal VE is 5 – 10 L/min.<sup>4-8</sup>

**I:E Ratio**

See I:E definition. I:E might need to be adjusted for physiology that requires extended exhalation time.<sup>4-8</sup> For example: Asthma patient may require an I:E of 1:3, 1:4, or 1:5 to allow for more exhalation time.

**Flow Rate**

Is the velocity at which gas is delivered to the patient, expressed in liters per minute. When the flow rate is set higher, the speed of gas delivery is faster and inspiratory time is shorter.<sup>4-8</sup>

**Peak Inspiratory Pressure (PIP)**

Represents the total pressure that is required to deliver the VT and depends upon various airway resistance, lung compliance, and chest wall factors. It is expressed in centimeters of water (cm H<sub>2</sub>O).

**Sensitivity or trigger sensitivity**

Trigger sensitivity is the effort, or negative pressure, required by the patient to trigger a machine breath, commonly set so that minimal effort (-1 to -2 cm H<sub>2</sub>O) triggers a breath.<sup>1,3</sup> This is usually seen with assist modes of ventilator operation.

**Pressure alarms**

Pressure alarms ensure that providers are alerted to pressures that fall outside of appropriate ranges and have potential to harm the patient via barotrauma (over-pressure) or under-ventilation (circuit disconnect or under-pressure). Pressures will be determined by placing the patient on the vent for ~1-2 minutes and determining intrinsic peak inspiratory pressure. (Labeled as PEAK on 754 Ventilator (top right); Labeled as peak on Hamilton T1 ventilator (top left); Labeled as PIP on ZOLL EMV+ (731) (right center). Standard alarm settings should be: Need to measure a peak pressure 5 min after setting initial settings.

- High pressure alarm: 10 cmH<sub>2</sub>O above peak airway pressure.
- Low pressure alarm: 5 cmH<sub>2</sub>O below peak airway pressure.

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## APPENDIX C: PREDICTED BODY WEIGHT AND TIDAL VOLUME

### Predicted Body Weight and Tidal Volume ( $V_T$ )

Male PBW and Tidal Volume							
Height		Predicted Body Weight	ml per kg of PBW (total V <sub>T</sub> )				
Ft/In"	Inches		4.0 ml	5.0m l	6.0m l	7.0 ml	8.0 ml
4'0"	48	22.4	90	112	134	157	179
4'1"	49	24.7	99	124	148	173	198
4'2"	50	27	108	135	162	189	216
4'3"	51	29.3	117	147	176	205	234
4'4"	52	31.6	126	158	190	221	253
4'5"	53	33.9	136	170	203	237	271
4'6"	54	36.2	145	181	217	253	290
4'7"	55	38.5	154	193	231	270	308
4'8"	56	40.8	163	204	245	286	326
4'9"	57	43.1	172	216	259	302	345
4'10"	58	45.4	182	227	272	318	363
4'11"	59	47.7	191	239	286	334	382
5'0"	60	50	200	250	300	350	400
5'1"	61	52.3	209	262	314	366	418
5'2"	62	54.6	218	273	328	382	437
5'3"	63	56.9	228	285	341	398	455
5'4"	64	59.2	237	296	355	414	474
5'5"	65	61.5	246	308	369	431	492
5'6"	66	63.8	255	319	383	447	510
5'7"	67	66.1	264	331	397	463	529
5'8"	68	68.4	274	342	410	479	547
5'9"	69	70.7	283	354	424	495	566
5'10"	70	73	292	365	438	511	584
5'11"	71	75.3	301	377	452	527	602
6'0"	72	77.6	310	388	466	543	621
6'1"	73	79.9	320	400	479	559	639
6'2"	74	82.2	329	411	493	575	658
6'3"	75	84.5	338	423	507	592	676
6'4"	76	86.8	347	434	521	608	694
6'5"	77	89.1	356	446	535	624	713
6'6"	78	91.4	366	457	548	640	731
6'7"	79	93.7	375	469	562	656	750
6'8"	80	96	384	480	576	672	768
6'9"	81	98.3	393	492	590	688	786
6'10"	82	100.6	402	503	604	704	805
6'11"	83	102.9	412	515	617	720	823
7'0"	84	105.2	421	526	631	736	842

PBW Males =  $50 + 2.3 [\text{height (inches)} - 60]$

Female PBW and Tidal Volume							
Height		Predicted Body Weight	ml per kg of PBW (total V <sub>T</sub> )				
Ft/in"	Inches		4.0m l	5.0 ml	6.0 ml	7.0 ml	8.0 ml
4'0"	48	17.9	72	90	107	125	143
4'1"	49	20.2	81	101	121	141	162
4'2"	50	22.5	90	113	135	158	181
4'3"	51	24.8	99	124	149	174	198
4'4"	52	27.1	108	136	163	190	217
4'5"	53	29.4	118	147	176	206	235
4'6"	54	31.7	127	159	190	222	254
4'7"	55	34	136	170	204	238	272
4'8"	56	36.3	145	182	218	254	290
4'9"	57	38.6	154	193	232	270	309
4'10"	58	40.9	164	205	245	286	327
4'11"	59	43.2	173	216	259	302	346
5'0"	60	45.5	182	228	273	319	364
5'1"	61	47.8	191	239	287	335	382
5'2"	62	50.1	200	251	301	351	401
5'3"	63	52.4	210	262	314	367	419
5'4"	64	54.7	219	274	328	383	438
5'5"	65	57	228	285	342	399	456
5'6"	66	59.3	237	297	356	415	474
5'7"	67	61.6	246	308	370	431	493
5'8"	68	63.9	256	320	383	447	511
5'9"	69	66.2	265	331	397	463	530
5'10"	70	68.5	274	343	411	480	548
5'11"	71	70.8	283	354	425	496	566
6'0"	72	73.1	292	366	439	512	585
6'1"	73	75.4	302	377	452	528	603
6'2"	74	77.7	311	389	466	544	622
6'3"	75	80	320	400	480	560	640
6'4"	76	82.3	329	412	494	576	658
6'5"	77	84.6	338	423	508	592	677
6'6"	78	86.9	348	435	521	608	695
6'7"	79	89.2	357	446	535	624	714
6'8"	80	91.5	366	458	549	641	732
6'9"	81	93.8	375	469	563	657	750
6'10"	82	96.1	384	481	577	673	769
6'11"	83	98.4	394	492	590	689	787
7'0"	84	100.7	403	504	604	705	806

PBW Males =  $45.5 + 2.3 [\text{height (inches)} - 60]$

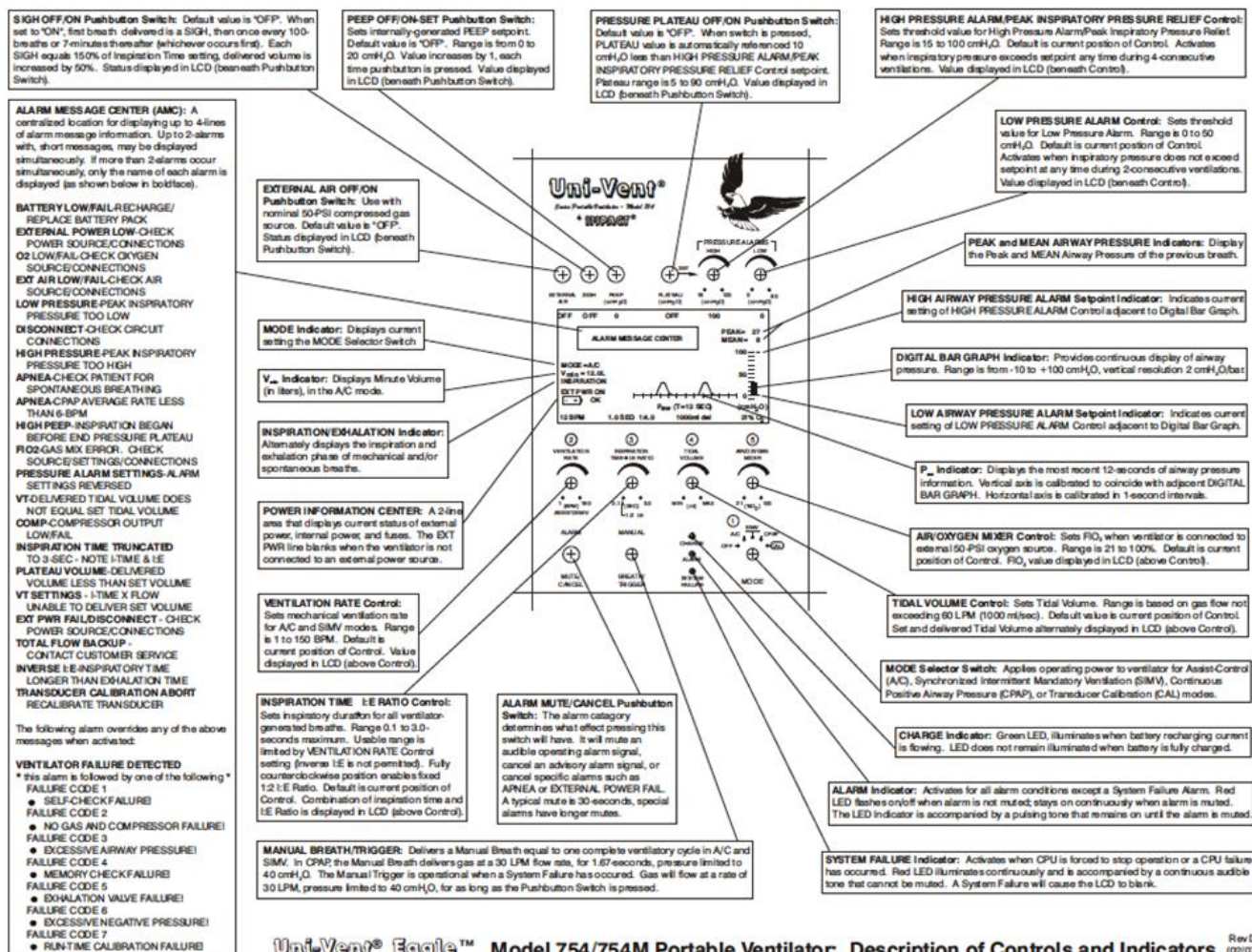
ARDSnet, NIH NHLBI ARDS Clinical Network Mechanical Ventilation  $V_T$  card



## APPENDIX D: IMPACT 754

NOTE: Some Geographic Combatant Commands (GCC) have placed restrictions on use of Impact 754 Ventilators in U.S. Central Command.

Check with the GCC Surgeon cell prior to utilization in theater.



Uni-Vent® Eagle™ Model 754/754M Portable Ventilator: Description of Controls and Indicators. Rev D (02/07)

The source document is at [https://archive.org/details/manual\\_Impact\\_Uni-Vent\\_754\\_Operation\\_and\\_Service\\_Manual](https://archive.org/details/manual_Impact_Uni-Vent_754_Operation_and_Service_Manual)

### RULE OF 5S (KEEP IT SIMPLE VENT SETTINGS FOR ADULTS)

There are five numbered dials on the front of the Eagle/Impact Vent. Most settings can be set by remembering multiples of five. Do not hook up casualty to the breathing circuit until after the PEEP is set.

- Dial 1** — Turn on to calibrate. You must calibrate the vent every time you turn it on. Turn the knob to the right. The LED display will show "Cal-Mode" and then "Cal-OK;" turn the knob to the left past CPAP and to SIMV or Assist Control.
- Dial 2** — Ventilatory Rate — set at 10.
- Dial 3** — I:E ratio of 1:2. Turn the knob all the way to the left. This setting is generally satisfactory for all adults and pediatrics with trauma related requirements for mechanical ventilation. Medical problems like chronic obstructive

pulmonary disease and asthma may require longer ratios, and this should be assessed after the initial settings have been set.

4. **Dial 4** — Tidal Volume of 500 ml and adjust as needed. Tidal volume calculation is 4-8 ml/kg, therefore 6 ml/kg is recommended after the initial setting of 500.
5. **Dial 5** — Air/oxygen mixer. For room air the knob will be all the way to the left and for 100% O<sub>2</sub> will be all of the way to the right.

## IMPACT 754 VENTILATOR PRE-MISSION CHECKS AND TROUBLESHOOTING

### Routine Care

- Clean the unit and hose attachments with damp soapy cloth and wipe dry.
- Remove the inlet filter to check for dirt or debris.
- Check metal hose couplings for thread wear and debris.

### Duty Inspection

1. Power Off Checks
  - a. Verify inspection is within the calibration date (6-month maintenance cycle).
  - b. Check the air inlet is clear of obstructions and the filter is in place (Right side of vent).
  - c. Verify the Gas ("OXYGEN IN" and "AIR IN") and Patient ("EXHALATION VALVE" and "TRANSDUCER") connections are clear and tight (Top of ventilator).
  - d. Verify the "GAS OUT" clear leaf valve is installed and seated (reseal if loose, replace if missing).
  - e. Inspect green high pressure oxygen hose for cracks, dry rot, threads, black O-ring (replace if damaged).
  - f. Connect the ventilator to a high-pressure oxygen source, turn on the oxygen tank and ensure no leaks are present.
  - g. Turn off O<sub>2</sub> when complete (conduct in environment conducive to hearing leaks).
2. Power On Checks
  - a. Turn "MODE" (knob 1) to desired setting (AC, SIMV, CPAP). The ventilator will run SELF-TEST upon set up (ventilator circuit should be disconnected). At this point, (CAL) is not required. If SELF-TEST results in a Calibration Failure, place (1) to CAL until CAL OK is displayed. If the calibration fails, the ventilator must be taken out of service.
  - b. Check BATT OK
  - c. Preset ventilator knobs to:
    - Rate (knob 2) 14
    - Inspiration Time (knob 3) 1:2
    - TIDAL VOLUME: 6ml/kg IBW (4-8ml/kg IBW range)
    - \*QUICK REFERENCE (Male): (Detailed quick reference in [Appendix C](#))
      - 66" = ~380cc [min: 255 / max: 510]
      - 69" = ~420cc [min: 283 / max: 566]
      - 72" = ~465cc [min: 310 / max: 621]
      - 75" = ~505cc [min: 338 / max: 676]

- FiO<sub>2</sub> (knob 5) 100%
  - Set HIGH pressure alarm to 35 cmH<sub>2</sub>O
  - Set LOW pressure to 15 cmH<sub>2</sub>O
3. Turn OFF.
  4. Make sure the air inlet and gas out ports of the ventilator are protected and covered

## EMERGENCY PROCEDURES

These procedures should be practiced before being performed on live patients.

---

**NOTE:** Any known malfunction of the ventilator should be addressed prior to utilization. The following are not for routine use, but for emergencies when alternate ventilatory measures are not available and long term BVM is not practical.

---

**\*ALL CAUTIONS, WARNINGS, AND NOTIFICATIONS THAT CORRESPOND WITH THE 754 SCREEN WILL BE IN ALL CAPS\***

---

- Inability to deliver high pressure O<sub>2</sub> when needs exceed 21% FiO<sub>2</sub> (i.e. missing/unserviceable green high-pressure hose).
- Vent will alarm and show O<sub>2</sub> Low/Fail-Check Oxygen Source/Connections on screen.

---

**NOTE:** First place the patient on BVM with supplemental oxygen. Second, check oxygen tank volume. Third, check the oxygen lines and connections.

---

## Alternative Methods to Increase Delivered Oxygen Content

1. Oxygen reservoir kit for low pressure supply (Part # 820-0097-15).
2. Oxygen reservoir fashioned from primary circuit and BVM.
  - a. Connect short portion of main circuit tube to the BVM and to the air-inlet port.
  - b. Connect BVM oxygen hose to the BVM and regulator.
  - c. Set regulator to desired setting (~10LPM, but no lower than total minute volume).
3. Oxygen reservoir fashioned from second ventilator patient circuit.
  - a. Cut/disconnect exhalation valve off of second ventilator circuit.
  - b. Feed green transducer hose at least  $\frac{3}{4}$  of the way down vent tubing (the goal is to get as close as possible to the air inlet port) and secure in place with tape (do not cover the end of the circuit).
  - c. Connect the 90 degree/"L" shape fitting of the green transducer line to the oxygen regulator.
  - d. Connect the opposite end of the vent tubing to the air inlet port.
  - e. Set regulator on oxygen source to 10 LPM to deliver up to 99% FiO<sub>2</sub>.

## Missing or Damaged "Gas Out" Leaf Valve

Missing Gas Out leaf valve will trigger an alarm, give a DISCONNECT-CHECK CIRCUIT CONNECTIONS, no PEAK value will display, and little to no volume will be delivered to the patient.

1. Place the patient on BVM with supplemental oxygen.
2. Perform DOPE (Dislodgment, Obstruction, Pneumothorax, and Equipment) assessment.
3. Check **Gas Out** clear plastic leaf valve for installation and proper seating.

- If the valve is folded, use a small object to gently unfold or push the valve back into place.
- If missing, cover exterior Gas Out side ports with occlusive dressing (replacing Gas Out leaf valve is optimal, but is time consuming.)

**WARNING:** Occluding “Gas Out” side ports will enable the ventilator to provide full respirations, however, this will eliminate the anti-asphyxia function these ports provide. (Ventilator failure will result in increased resistance in spontaneous respiration) and strict surveillance must be kept on ventilator to ensure any further failure is caught immediately. Patients must immediately be transitioned to BVM in the event of any failure.

### Compressor Failure / Alarms (may show CODE 2)

1. Place patient on BVM with supplemental O2.
2. Cycle ventilator to OFF.
3. Turn FiO2 (knob 5) to 100%.
4. Cycle back on and to desired settings. MUST leave FiO2 at 100%. PEEP will have to be reset when the vent is cycled on.

---

**NOTE:** This technique will transition the ventilator to using oxygen pressure instead of the compressor to gather drive ventilation and may hasten oxygen usage.

---

### Battery Failure

1. Place patient on BVM with supplemental O2.
2. Turn ventilator OFF.
3. Replace ventilator battery with battery from 326M suction apparatus (per the manufacturer, they are the exact same). The 326M battery is in the same location as the 754.
4. Resume normal operations. PEEP will have to be reset.

## APPENDIX E: ZOLL EMV+ (731 SERIES)

1. Turn on the ventilator and ensure that the machine is functional, and the battery is charged.
2. Attach the ventilator tubing and O2 tubing to the machine.
3. If the patient is a transfer on a vent, maintain ventilator settings from the medical treatment facility.
4. Default Adult Settings
  - a. MODE: AC (V)
  - b. BPM: 12
  - c. I:E 1:3
  - d. VT: 450
  - e. PEEP: 5
  - f. PIP limit: 25
  - g. FiO2: 21
5. If the patient is “newly” on the ventilator, initial settings should include:
  - a. MODE: AC
  - b. BPM/RRate: 14BPM (10-30 range)
  - c. TIDAL VOLUME: 6ml/kg IBW (4-8ml/kg IBW range)

QUICK REFERENCE (Male): (Detailed quick reference in [Appendix C](#))

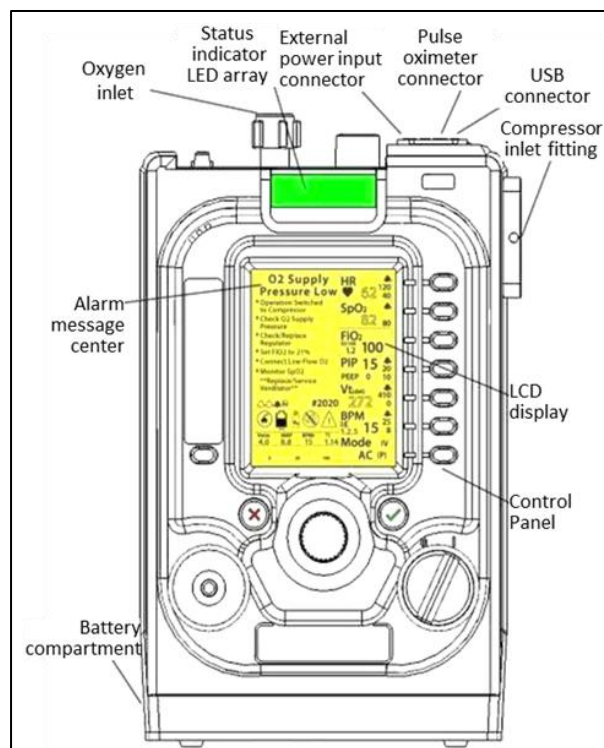
66" = ~380cc [min: 255 / max: 510]

69" = ~420cc [min: 283 / max: 566]

72" = ~465cc [min: 310 / max: 621]

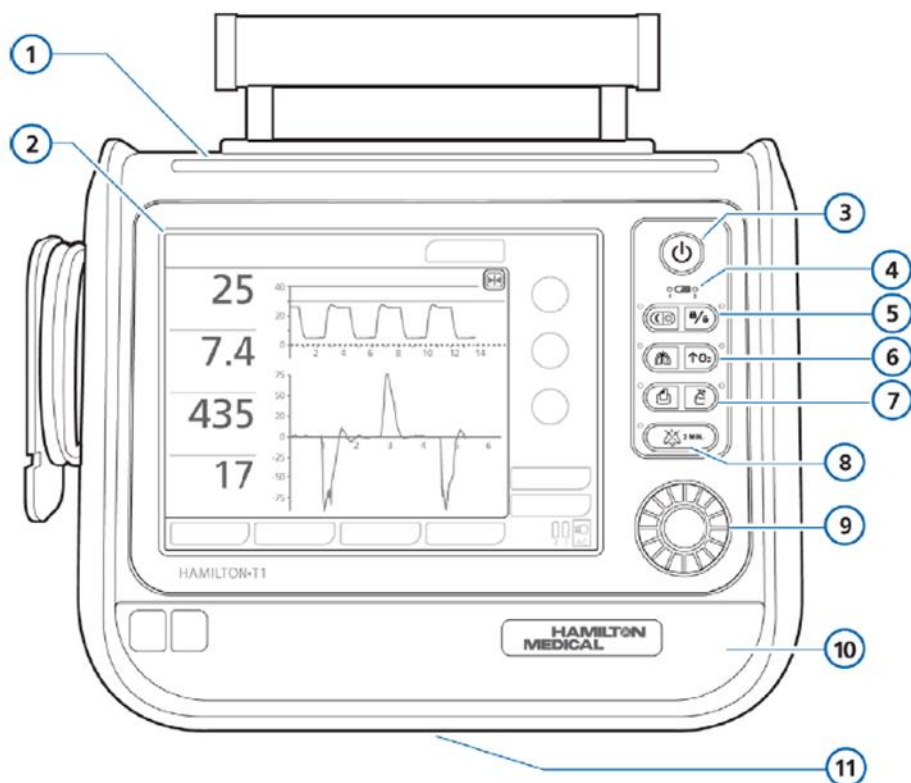
75" = ~505cc [min: 338 / max: 676]

- d. FiO2: 21 - 100% (0.21-1.0) (low flow O2 @ 3 LPM = ~ 40% FiO2 [flowrate on Saros oxygen concentrator])
  - e. I:E Ratio: 1:2
  - f. PEEP: 5 [Range 5-20]
6. Monitor waveform on the machine and visually inspect the patient to ensure no “breath stacking.” If this occurs, a high-pressure alarm may sound. However, if breath stacking is suspected even in the absence of alarm – disconnect tubing and allow exhalation and decrease the I:E if possible, from 1:2 to 1:4.





## APPENDIX F: HAMILTON-T1



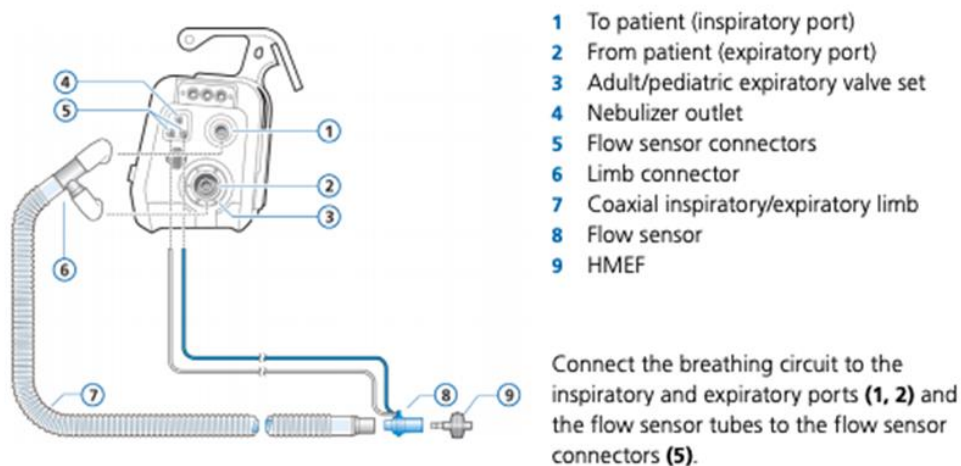
- 1 **Alarm lamp.** Red = high-priority alarm, yellow = medium- or low-priority alarm.
- 2 **Touch screen.** Provides access to measurements and controls.
- 3 **Power/Standby key.** Turns the ventilator on and off and accesses standby.
- 4 **Battery charge indicator.** Lit = battery is fully charged. Flashing = battery is charging.
- 5 **Day/Night key.** Switches between the Day and Night display brightness setting.
- 5 **Screen lock/unlock key.** Prevents inadvertent change of settings.
- 6 **Manual breath/inspiratory hold key.** Triggers a mandatory breath when pressed and released during exhalation. Triggers an inspiratory hold when held down during any breath phase. When active, the green indicator is lit.
- 6 **O2 enrichment key.** Delivers 100% oxygen for 2 min. Press the key a second time to cancel. Press **O2** key and disconnect patient to start a suctioning maneuver.
- 7 **Print screen key.** Save a JPG file of the current ventilator screen to a USB memory drive.
- 7 **Nebulizer on/off key.** Activates pneumatic nebulizer for 30 minutes or until pressed again during the inspiration phase if high-pressure oxygen (HPO) is connected.
- 8 **Alarm silence key.** Silences the main ventilator audible alarm for 2 min. Press the key a second time to cancel the alarm silence.
- 9 **Press-and-turn (P&T) knob.** Use to select and adjust ventilator settings.
- 10 **Front cover and battery.** The backup batteries are located inside the front cover.
- 11 **Underside of ventilator.** Expiratory valve bleed port. *Do not obstruct.*

**CAUTION:** The Hamilton-T1 as fielded by the Department of Defense DOES NOT support noninvasive ventilation (NIV). In environments where there is a risk of patients requiring NIV, a different ventilator should be fielded.

1. Set up the ventilator.
  - a. Install expiratory valve.



- b. Connect coaxial breathing circuit



- c. Enable Hamilton-T1, EtCO<sub>2</sub>, or Spo<sub>2</sub> add-on if capable.
2. Perform pre-operational checks.
  - a. Click **Pre-Op Checks** on main page.
  - b. Conduct Tightness Test.
  - c. Conduct Flow Sensor Test.

**\*\*Do not attach a patient to the ventilator without conducting both tests.\*\***
3. Select modes.
  - a. Input patient Sex and Height (this calculates all alarm values and “normal” ranges.  
**Do not bypass this step**
  - b. Touch **Modes** to change ventilator mode.
  - c. Select **ASV**.
4. Select settings.
  - a. Set Tidal Volume (4-8 ml/kg IBW) or Pressure Support (not to exceed 30 mmHg).



---

**NOTE:** This ventilator is “PEEP Compensated” which means when in Pressure Support mode if your Pressure Support is 20 and your PEEP is 10, your settings are actually 30 over 10. If you want 20 over 10, you need to see the Pressure Support at 10 and the PEEP at 10.

---

**\*\*This can get confusing, seek direction from medical control if necessary. \*\***

- b. Set appropriate rate for age group.
  - c. Set FiO<sub>2</sub> (21 to 100%).
  - d. Set PEEP (5 to 20).
  - e. Adjust I:E Ratio as necessary.
5. Set Flow Trigger (0.5 to 5). Press the start ventilation button prior to connecting patient.
  6. Once the patient is on the ventilator, you may have to adjust alarm parameters

## APPENDIX G: SAVE II

**NOTE:** The SAVE II is designed for use in place of a Bag Valve Mask (BVM) in the pre-hospital environment. The intended use is to provide ventilator support or Positive Pressure Ventilation (PPV) to adults weighing >45kg (99lbs.).



1. Power on. The device will run through a self-test (all lights will illuminate and will alarm for a moment).
2. Connect tubing: Tubing will only attach one way. Ensure any patient circuit is being attached on the light grey side of ports, as pictured above. Ensure all connections of the circuit are tight; loose connections may cause low pressure or disconnect alarm.
3. Select height and confirm (failure to select confirm will not change and or set appropriate settings). Any time a change is made, the CONFIRM button must be pressed. The device will default to a PEEP of 0; ensure adjustments are made IAW CPG or protocol.
4. Attach to airway device.
5. Confirm ventilations.
6. Adjust PEEP if needed by setting PEEP and hitting confirm.

**NOTE:** This device is intended for short term or transport use and is not intended to replace other ventilators available. Consider transitioning the patient to another ventilator (731, 754, or Hamilton-T1) as soon as feasible.

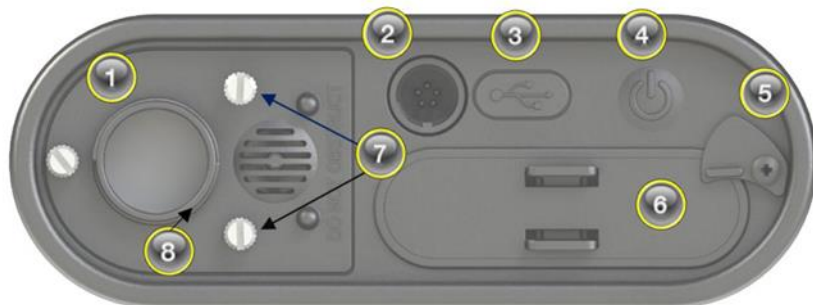
## APPENDIX H: VENTWAY SPARROW

**NOTE:** The Ventway Sparrow is a POI and Transport Ventilator with both Pressure and Volume control modes. The ventilator is applicable to adults and pediatric patients weighting >5 kg (11lb.)

Term	Classification*	Description
SIMV PC PS	PC-IMV(1)s	Pressure Control Synchronized Intermittent Mandatory Ventilation with pressure support ventilation - Mandatory breaths are pressure controlled and spontaneous breaths are pressure supported
SIMV VC PS	VC-IMV(1)s	Volume Control Synchronized Intermittent Mandatory Ventilation with pressure support ventilation - Mandatory breaths are volume controlled and spontaneous breaths are pressure supported
CPAP PS	PC-CSVs	Continuous Positive Airway Pressure
CPAP PS HF	PC-CSVs	Continuous Positive Airway Pressure



Front Panel: (1) control knob, (2) display, (3) control and sensing tubes port, (4) patient circuit port



Rear Pane: (1) Air/Low pressure oxygen inlet, (2) Power supply connector, (3) USB connector, (4) Power On/Off button, (5) Battery pack lock, (6) Battery pack, (7) Filter compartment screws, (8) Anti asphyxia valve

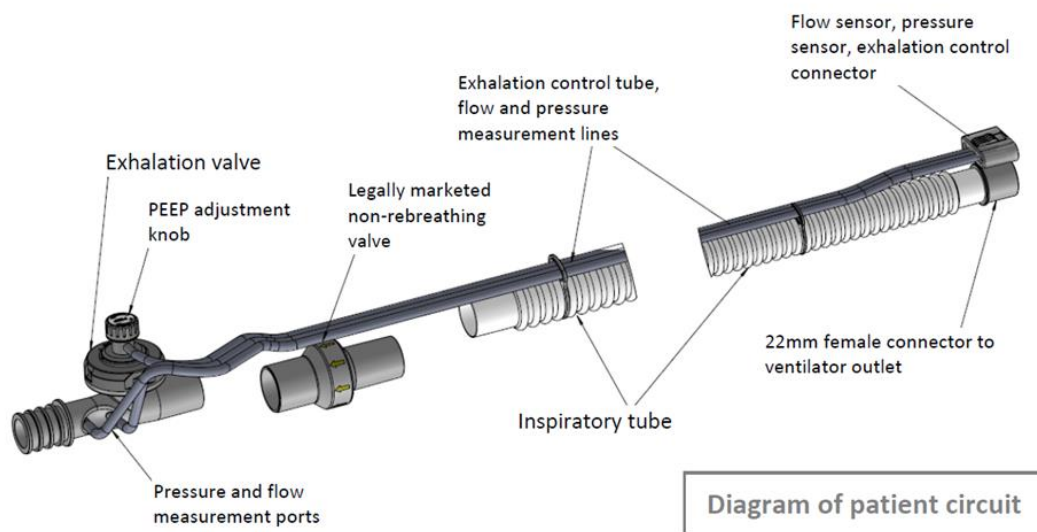


Diagram of patient circuit

1. Power on. Press the on button for three seconds on the rear panel.
2. Connect tubing: Tubing will only attach one way. Ensure any patient circuit is being attached on the dark grey side of ports, as pictured above. Ensure all connections of the circuit are tight; loose connections may cause low pressure or disconnect alarm. Do not connect patient to tubing until confirmation of vent settings is made.
3. Selecting Screen options. To navigate between the screen options, turn the control knob on the left side of the device. When the desired option has been marked by positioning the marker on its location, press the knob to select the option.
4. Editing Fields. While turning the control knob, fields that can be modified are highlighted. To edit a field, press the control knob when positioned on the field. The field will change color. Rotate the control knob to view different values for the field and press the knob to select a value.

**NOTE:** When the field changes to red, it means that the selection exceeds the normal setup related to the patient weight or type.

5. Starting Ventilation. Select "Start Vent". Patient Weight will be in Kg. Initial weight will be for pediatric patients, and you will need to scroll to find adult weight parameters.

**NOTE:** Setting patient weight will automatically set all ventilation parameters.

**NOTE:** Selecting "new patient" will clear all previous ventilator settings.

6. Ventilation mode. Ensure patient meets criteria for ventilation management. Select appropriate mode.
7. Ventilation parameters.

- a. BPM/RRate: 14BPM (10-30 range)
- b. TIDAL VOLUME: The sparrow auto-defaults VT based on ideal body weight you have selected on the prior screen. If those volumes do not work, manually adjust the VT to: 6ml/kg IBW (4-8ml/kg IBW range)

QUICK REFERENCE (Male): (Detailed quick reference in [Appendix C](#))

66" = ~380cc [min: 255 / max: 510]

69" = ~420cc [min: 283 / max: 566]

72" = ~465cc [min: 310 / max: 621]

75" = ~505cc [min: 338 / max: 676]

- c.  $\text{FiO}_2$  : 21 - 100% (0.21-1.0) (low flow  $\text{O}_2$  @ 3 LPM =  $\sim 40\%$   $\text{FiO}_2$  [flowrate on Saros oxygen concentrator])
  - d. I:E Ratio: 1:2
  - e. PEEP: 5 [Range 5-20]
8. Monitor waveform on the machine and visually inspect the patient to ensure no “breath stacking.” If this occurs, a high-pressure alarm may sound. However, if breath stacking is suspected even in the absence of alarm – disconnect tubing and allow exhalation and decrease the I:E if possible, from 1:2 to 1:4.
9. When a high-pressure oxygen source that is connected to an Oxygen Mixer is not available, the Ventway Sparrow ventilator can accept oxygen from a low-pressure oxygen source such as an oxygen enrichment kit connected to a flow meter.

To do this, use an optional low-pressure oxygen enrichment system attached to the ventilator air inlet port through an optional Ventway adapter.

Adjust the “ $\text{O}_2$  coefficient” parameter on the device through the  $\text{O}_2$  enrichment screen, which can be found under the VENT. PARAMS screen, so that the coefficient is aligned with the actual  $\text{FiO}_2$  value given to the patient. Select the “ $\text{O}_2$  ENRICHMENT” option in the VENT. PARAMS menu. The  $\text{FiO}_2$  value must be measured with a calibrated external oxygen analyzer. If a high-pressure oxygen source is available, an Inovytect-approved Oxygen Mixer can be used to connect to the air inlet port, delivering between 30% to 95%  $\text{FiO}_2$  to the patient. Measure  $\text{FiO}_2$  with a calibrated external oxygen analyzer. The oxygen supply pressure shall be according to manufacturer specifications (usually 40-60 psi).



*Connecting the Oxygen Mixer to the air inlet connector*

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## APPENDIX I: CLASS VIII MEDICAL MATERIEL

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This comprehensive list covers mechanical ventilation materials in Role 1-3 settings.

### 1. Mechanical Ventilation Equipment

- Mechanical Ventilator (e.g., Impact 754, Zoll EMV+ 731 series, Hamilton-T1, SAVE II, or equivalent field-capable ventilator)
- Ventilator Circuits (disposable or reusable, compatible with ventilator)
- Humidifiers or Heat and Moisture Exchangers (HMEs)
- Bacterial/Viral Filters

### 2. Airway Management Equipment

- Endotracheal Tubes (ETT) (sizes 6.0–8.5 mm, cuffed)
- Supraglottic Airway Devices (e.g., i-gel, King LT, LMA)
- Laryngoscope with Blades (curved Macintosh and straight Miller, various sizes)
- Video Laryngoscope (if available)
- Stylets & Bougies (for difficult intubations)
- Suction Apparatus with Suction Tubing (tubing from device to catheter and device to collection chamber)
- Suction Collection Chamber
- Yankauer & Flexible Suction Catheters
- Cricothyrotomy Kit (scalpel, endotracheal tube, bougie, etc.)
- Endotracheal Tube (ETT) Securement Devices
- Manual Resuscitator (Bag-Valve Mask, BVM) (with oxygen reservoir)
- 10 cc Syringe
- Cuff Pressure Manometer (consumable or non-consumable versions)

### 3. Oxygen Supply & Delivery

- Portable Oxygen Cylinders or Oxygen Concentrator
- Oxygen Hose
- Oxygen Regulators & Flowmeters
- Oxygen Delivery Accessories (nasal cannulas, non-rebreather masks, simple face masks)
- End-Tidal CO<sub>2</sub> (EtCO<sub>2</sub>) Detector or Capnography Device
- Low Flow Oxygen Reservoir (if applicable to your ventilator)

### 4. Monitoring & Diagnostics

#### Vital Sign & Ventilation Monitoring

- Pulse Oximeter
- Capnography Device (EtCO<sub>2</sub> monitor, waveform preferred) and tubing
- Portable Blood Pressure Cuff & Stethoscope
- ECG Monitor

**Arterial Blood Gas (ABG) Management**

- Arterial Line Kit (including catheter, guidewire, pressure tubing and transducer)
- ABG Syringes (Heparinized)
- Needles (20-25 gauge for arterial punctures)
- Alcohol Prep Pads & Betadine Swabs
- Gauze & Adhesive Dressings
- Elastic Bandage
- Sterile Gloves
- Local Anesthetic (Lidocaine 1% or 2%) (for arterial line placement)
- Pressure Bag for Arterial Line
- Sterile Transparent Dressing
- Portable ABG Analyzer (if available)
- Point-of-Care Blood Gas Cartridge Kits (compatible with ABG analyzer)
- Blood Gas Sample Transport Containers (if sending to lab)

**5. Emergency & Backup Equipment**

- Alternative Airway Devices (e.g., King LT, LMA)
- Needle Decompression Kit (for suspected tension pneumothorax)
- Chest Tube Insertion Kit (if managing pneumothorax in ventilated patients)
- Portable Suction Device
- Emergency Medications (Sedation & Paralysis if needed for mechanical ventilation)
- Ketamine
- Etomidate
- Rocuronium/Vecuronium
- Midazolam/Diazepam
- Fentanyl/Morphine
- Propofol

**6. Consumables & Miscellaneous Supplies**

- IV Fluids (Normal Saline, Lactated Ringer's)
- IV Administration Sets & Extension Tubing
- IV Catheters (Various Sizes)
- Saline Lock IV Connector
- Disposable Gloves, Masks, Gowns, Eye Protection (PPE)
- Sterile Drapes & Adhesive Tapes
- Labels for Blood Gas Samples
- Sharps Containers
- Portable Documentation Tools (Paper or Digital for ABG and Ventilator Settings Tracking)
- 10 cc Normal Saline Flushes

For additional information including National Stock Number (NSN), please contact [dha.ncr.med-log.list.lpr-cps@health.mil](mailto:dha.ncr.med-log.list.lpr-cps@health.mil)

**DISCLAIMER:** This is not an exhaustive list. These are items identified to be important for the care of combat casualties.



## APPENDIX J: TELEMEDICINE / TELECONSULTATION

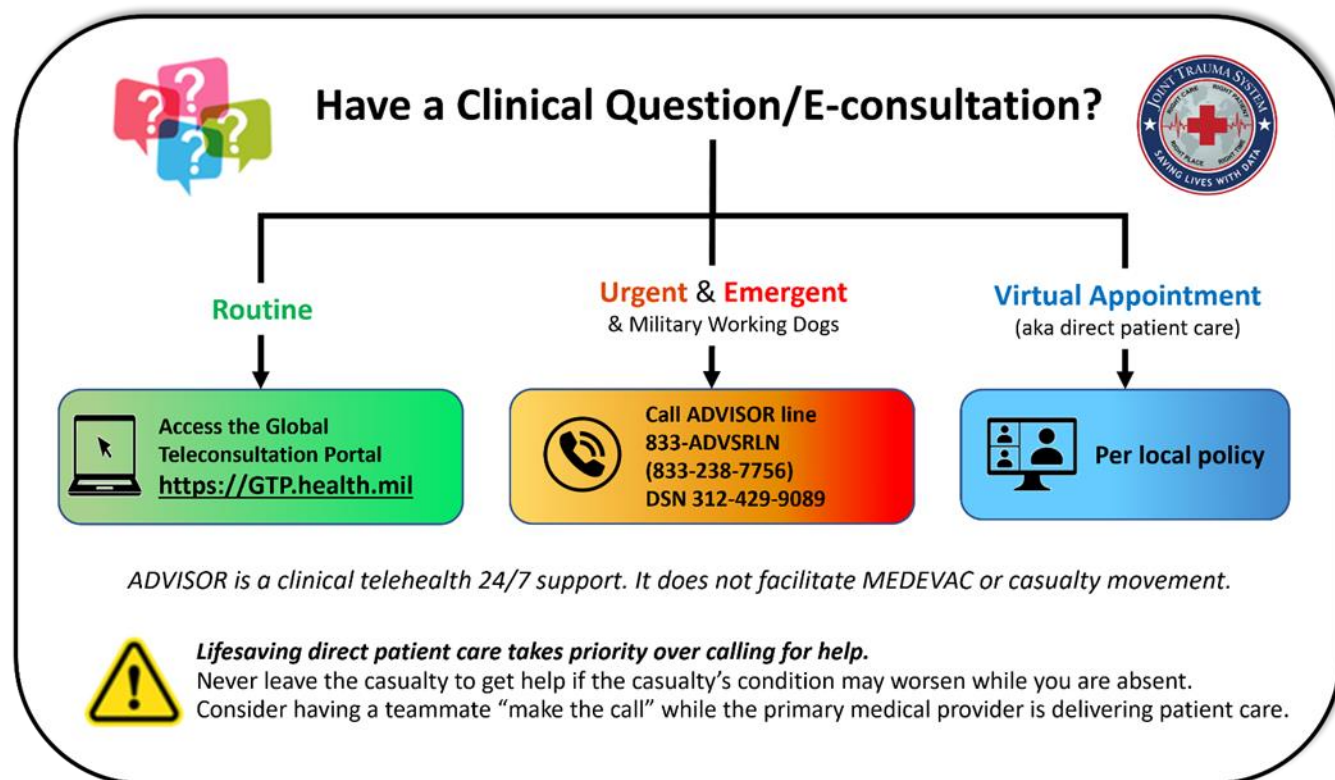


Illustration by Raymond Samonte

GTP: <https://GTP.health.mil>

Theater Patient Movement Requirements Center (TPMRC) to coordinate evacuation:

- TPMRC-Americas (NORTHCOM & SOUTHCOM), 618-817-4200
- TPMRC- East (EUCOM, AFRICOM, CENTCOM), DSN 314-480-8040
- TPMRC- West (INDOPACOM), DSN 315-448-1062

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## APPENDIX K: INFORMATION REGARDING OFF-LABEL USES IN CPGS

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### PURPOSE

The purpose of this Appendix is to ensure an understanding of DoD policy and practice regarding inclusion in CPGs of “off-label” uses of U.S. Food and Drug Administration (FDA)–approved products. This applies to off-label uses with patients who are armed forces members.

### BACKGROUND

Unapproved (i.e. “off-label”) uses of FDA-approved products are extremely common in American medicine and are usually not subject to any special regulations. However, under Federal law, in some circumstances, unapproved uses of approved drugs are subject to FDA regulations governing “investigational new drugs.” These circumstances include such uses as part of clinical trials, and in the military context, command required, unapproved uses. Some command requested unapproved uses may also be subject to special regulations.

### ADDITIONAL INFORMATION REGARDING OFF-LABEL USES IN CPGS

The inclusion in CPGs of off-label uses is not a clinical trial, nor is it a command request or requirement. Further, it does not imply that the Military Health System requires that use by DoD health care practitioners or considers it to be the “standard of care.” Rather, the inclusion in CPGs of off-label uses is to inform the clinical judgment of the responsible health care practitioner by providing information regarding potential risks and benefits of treatment alternatives. The decision is for the clinical judgment of the responsible health care practitioner within the practitioner-patient relationship.

### ADDITIONAL PROCEDURES

#### Balanced Discussion

Consistent with this purpose, CPG discussions of off-label uses specifically state that they are uses not approved by the FDA. Further, such discussions are balanced in the presentation of appropriate clinical study data, including any such data that suggest caution in the use of the product and specifically including any FDA-issued warnings.

#### Quality Assurance Monitoring

With respect to such off-label uses, DoD procedure is to maintain a regular system of quality assurance monitoring of outcomes and known potential adverse events. For this reason, the importance of accurate clinical records is underscored.

#### Information to Patients

Good clinical practice includes the provision of appropriate information to patients. Each CPG discussing an unusual off-label use will address the issue of information to patients. When practicable, consideration will be given to including in an appendix an appropriate information sheet for distribution to patients, whether before or after use of the product. Information to patients should address in plain language: a) that the use is not approved by the FDA; b) the reasons why a DoD health care practitioner would decide to use the product for this purpose; and c) the potential risks associated with such use.