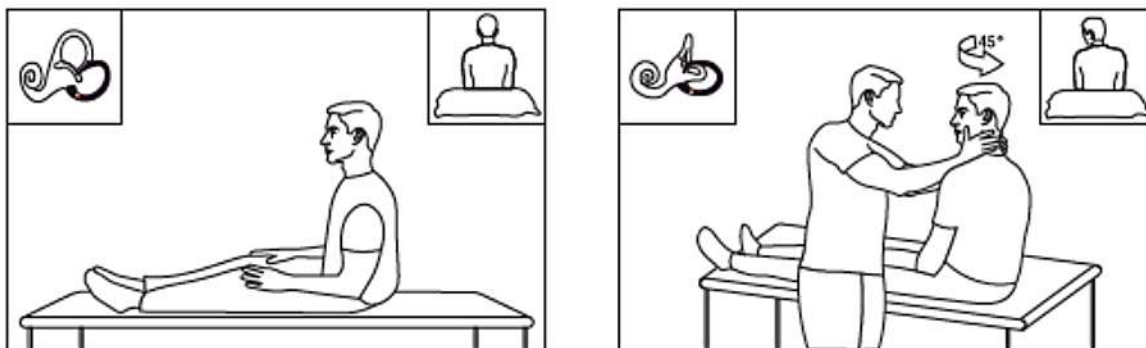


APPENDIX A: DIX-HALLPIKE TEST - LEFT AND RIGHT

LEFT DIX-HALLPIKE

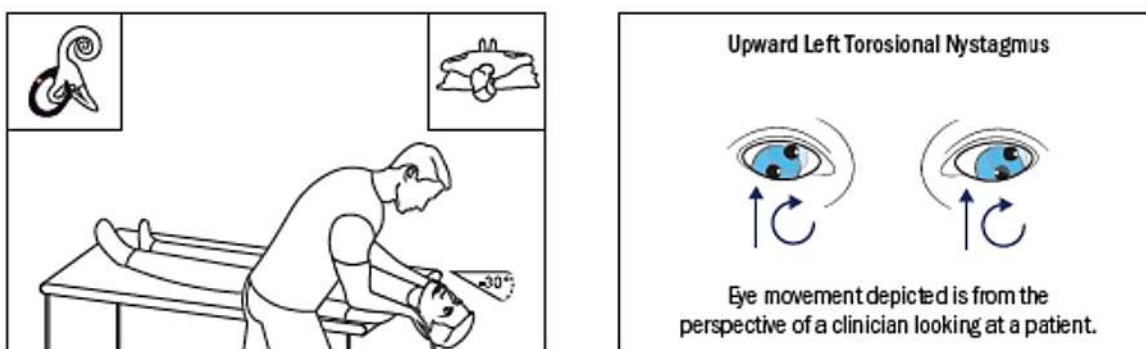
Step 1

For evaluating the left posterior semicircular canal, the patient sits on the exam table and turns his head to the left 45 degrees. This places the posterior semicircular canal in the plane of movement. The examiner may stand facing the patient on the patient's left side or behind the patient.



Step 2

The patient is then moved by the examiner from the seated to the supine position with the head extended over the edge of the table (30 degrees of extension). The eyes are observed for the characteristic nystagmus.



The test can then be repeated for the right side with the patient again sitting on the exam table, this time with the head turned right 45 degrees to place the right semicircular canal in the plane of movement.