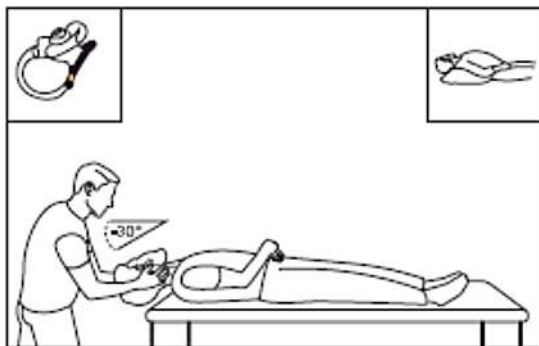


Step 2:

Maintaining 30 degrees of neck extension, turn the patient's head so that it is positioned 45 degrees towards the right. (Clinician may move to the head of the bed during this step to support the patient's neck). Maintain this position for 60 seconds.

**Step 3:**

Patient rolls onto the left side. Clinician must maintain support of the head/neck and guide rotation toward the left. Patient will assume a position of **lying on the left side looking straight down toward the floor**. This position will likely cause vertigo that once again should resolve in approximately 30 seconds. Maintain this position for 60 seconds.

**Step 4:**

Maintain right cervical rotation while assisting the patient back to a seated position on the treatment table. Once the patient has resumed a seated position, the head and neck may be rotated to a neutral position. The clinician should guard the patient for 30 seconds after the maneuver in case the patient becomes imbalanced.

