

HEAD-TILT/CHIN-LIFT

NOTE: DO NOT use if a spinal or neck injury is suspected.



ROLL the casualty onto their back, if necessary, and **PLACE** them on a hard, flat surface.



KNEEL at the level of the casualty's shoulders. **POSITION** yourself at the casualty's side.



OPEN the mouth and **LOOK** for visible airway obstructions. **No** blind finger sweeps.



PLACE one hand on casualty's forehead. **APPLY** firm, backward pressure with the palm to tilt the head back.



PLACE fingertips of the other hand under the bony part of the lower jaw and lift, bringing the chin forward.



While maintaining the open airway, **PLACE** ear over mouth and nose, looking toward chest and stomach.



LOOK for the chest to rise and fall.



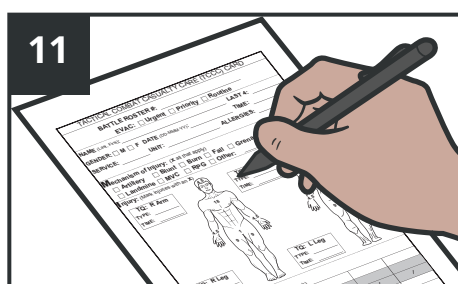
LISTEN for air escaping during exhalation.



FEEL for the flow of air on the side of your face.



MEASURE the respiratory rate.



DOCUMENT all findings and treatments on the DD Form 1380 TCCC Casualty Card.