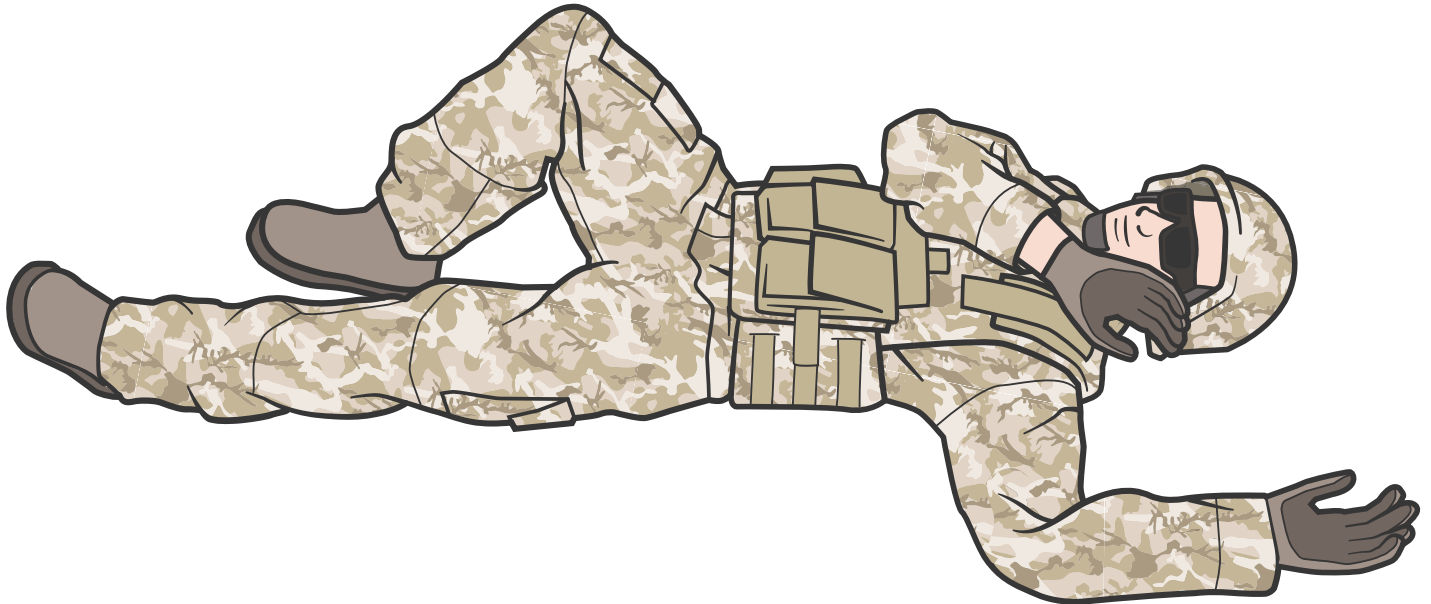


# RECOVERY POSITION

**01 POSITION** casualty supine (on their back) without causing any further injuries.

**02 PLACE** casualty's arm at right angle to the body, bent at the elbow with the hand pointing upward.

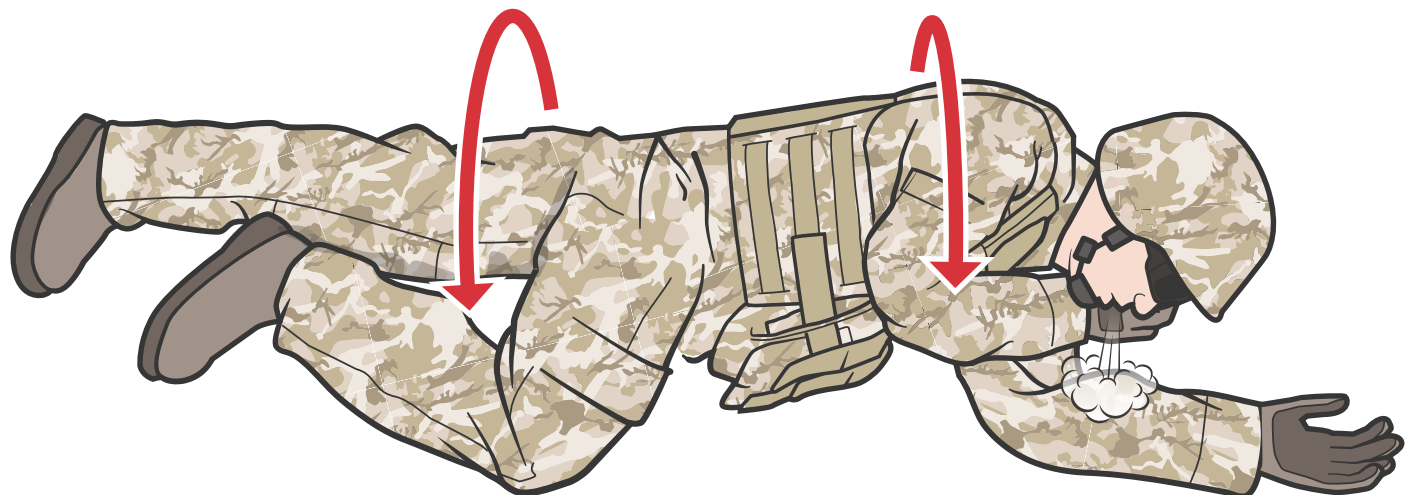
**03 PLACE** the back of casualty's hand against the opposite cheek.



**04** Keep your hand there to **GUIDE** and **SUPPORT** the casualty's head as you roll them.

**05 PULL** casualty's knee up so that the leg is bent and foot is flat on the floor.

**06** Gently **PULL** the casualty's knee toward you so the casualty rolls over onto their side facing you.



**07 MOVE** bent leg in front of the casualty's body so that it is resting on the floor.

**08** Gently **RAISE** the casualty's chin to tilt their head back slightly.

**09 DOCUMENT** all findings and treatments on the DD Form 1380 TCCC Casualty Card.