

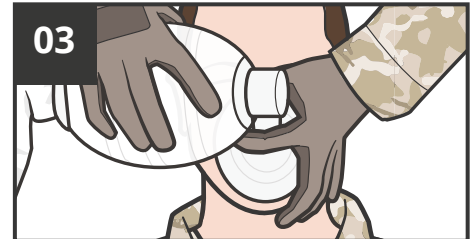
TWO-PERSON BAG VALVE MASK (BVM)



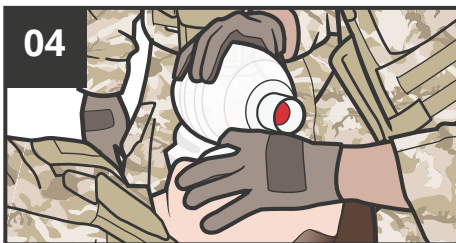
01 **POSITION** yourself at the top of the casualty's head.



02 **INSERT** a nasopharyngeal airway (NPA).



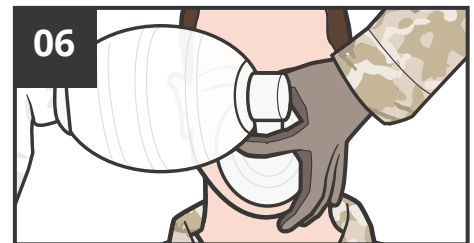
03 **PLACE** the mask over the casualty's mouth and nose.



04 **PLACE** your little, ring, and middle fingers along the mandible (lower jaw).



05 **PLACE** your thumb on the upper portion of the mask above the valve connection.



06 **PLACE** your index finger on the lower portion of the mask under the valve connection.



07 With your other hand, **DUPLICATE** the above steps on the other side (mirror image).

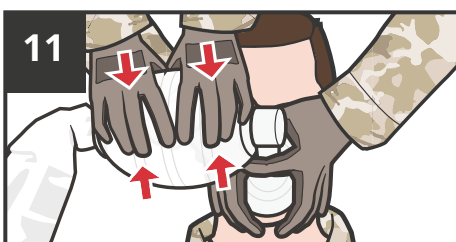


08 **HOLD** the mask in place with both hands to achieve a leakproof seal.



09 Second rescuer slowly **SQUEEZES** BVM with two hands for 1-2 secs until the chest rises.

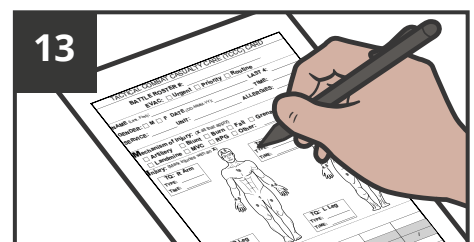
10 **OBSERVE** for rise and fall of the patient's chest.
(a) If the chest does not rise, reposition the mask to ensure a good seal.
Tilt the head and lift the chin to open the airway.
(b) If the chest rises and falls, continue with step 11.



11 **SQUEEZE** once every 5-6 secs (10-12 breaths/min).



12 **CONTINUE** ventilations, observe for spontaneous respirations, and periodically check the pulse.



13 **DOCUMENT** all findings and treatments on a DD Form 1380 TCCC Casualty Card and attach it to the casualty.