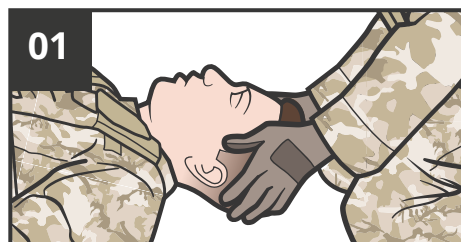


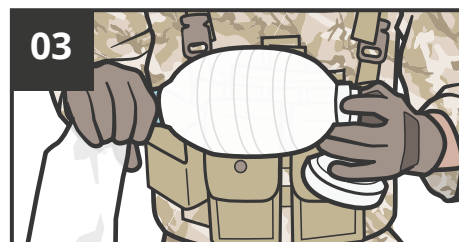
ONE-PERSON BAG VALVE MASK (BVM)



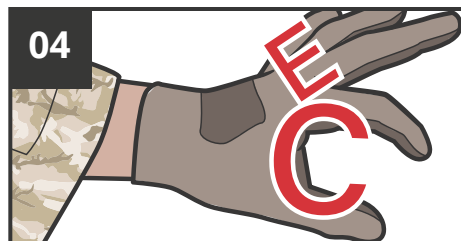
01 **POSITION** yourself at the top of the patient's head.



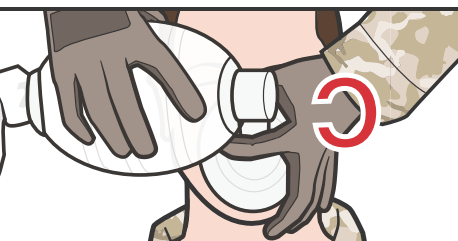
02 **INSERT** a nasopharyngeal airway (NPA).



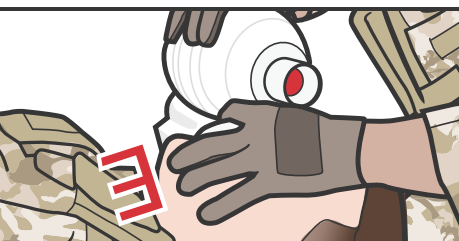
03 **ASSEMBLE** the BVM (connect the mask to port on the bag).



04 **PERFORM** an "EC" technique to hold the mask in place over the patient's mouth by using this procedure:



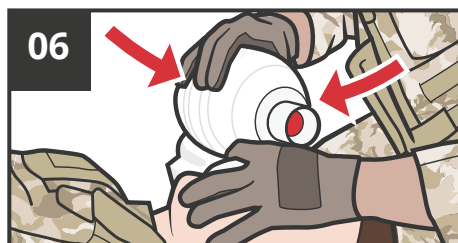
05 **FORM** a "C" by placing your thumb over the part of the mask covering bridge of the nose and your index finger over the part covering the left of the chin.



06 Seal mask firmly onto face by pushing down with thumb and index finger. While pulling up on the mandible, **FORM** the "E", opening the airway through the head-tilt, chin-lift maneuver.



07 **MAINTAIN** a seal with one hand using firm pressure to hold the mask in position and seal over the patient's mouth.



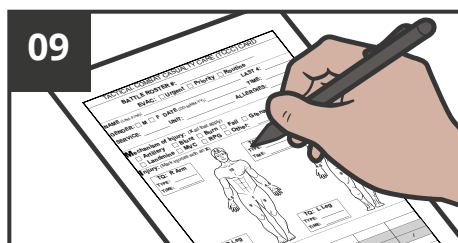
08 **SQUEEZE** the bag with your other hand for 1-2 seconds while observing the chest rise to make certain lungs are inflating effectively.



09 **CONTINUE SQUEEZING** the bag once every five to six seconds (10-12 breaths/minute).



10 **CONTINUE** ventilation, observe for spontaneous respirations, and periodically check the pulse.



11 **DOCUMENT** all findings and treatments on the DD Form 1380 TCCC Casualty Card and attach it to the casualty.

STEP 06 NOTE: Alternatively, the bag may be compressed against your body or forearm to deliver a greater tidal volume to the patient or help with hand fatigue.