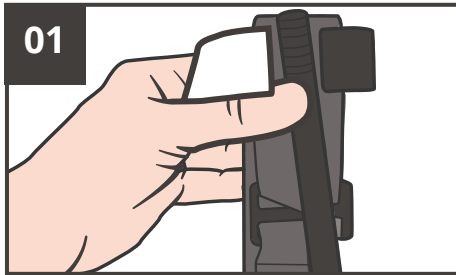
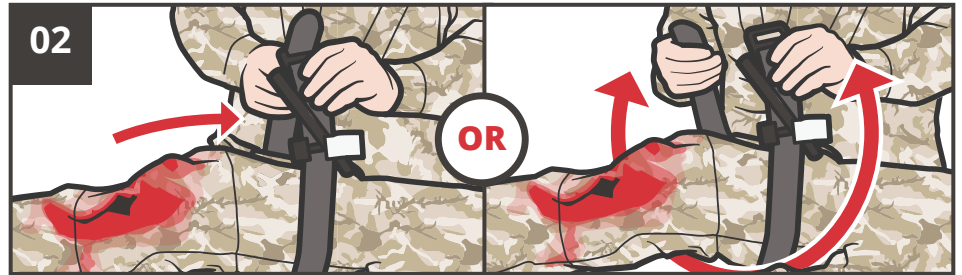


TWO-HANDED (WINDLASS) TOURNIQUET APPLICATION CARE UNDER FIRE (CUF)

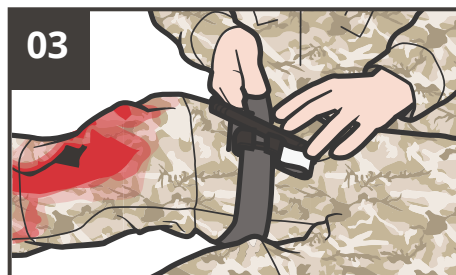


REMOVE tourniquet from the JFAK and/or carrying pouch.

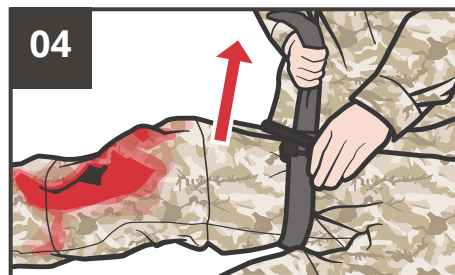


INSERT wounded extremity through the loop of the self-adhering band (looped).

ROUTE band around limb, pass the tip through the slit of the routing buckle.



POSITION the tourniquet above the bleeding site, high on the extremity over the clothing/uniform.



ENSURE all slack in the band is pulled through before fastened back and the windlass is twisted.



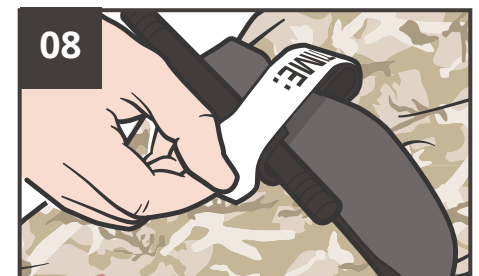
TWIST the windlass rod until bleeding has stopped (*complete steps 1-5 in under 1 min*).



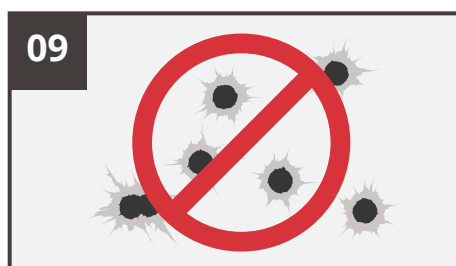
LOCK the windlass rod in place with the windlass clip.



ROUTE self-adhering band around windlass rod and between clips.



SECURE with the windlass safety strap.



If no other major bleeding is present,
MOVE CASUALTY TO COVER.