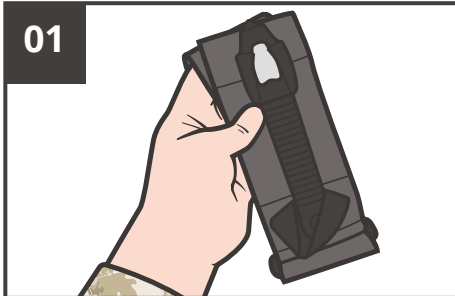


ONE-HANDED (RATCHET) TOURNIQUET APPLICATION CARE UNDER FIRE (CUF)



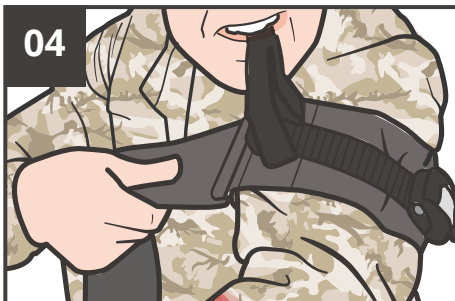
REMOVE tourniquet from the JFAK and/or carrying pouch.



INSERT the wounded extremity through the loop of the tourniquet band.



POSITION the tourniquet above the bleeding site, high on the extremity over the clothing/uniform.



GRASP the tourniquet loop with your teeth (or if able lean against a hard surface) to prevent slipping when tightening.



TIGHTEN the tourniquet strap as much as possible.



LIFT the lever arm of the ratcheting buckle and tighten by ratcheting the tourniquet until bleeding has stopped (*complete steps 1-5 in under 1 min*).



LOCK the ratchet on itself (it will click into place).



If no other major bleeding is present, **MOVE TO COVER**.

NOTE: If bleeding is not controlled, continue to ratchet the maneuver device until bleeding has stopped.

NOTE: Do not document tourniquet application time until the Tactical Field Care phase.