

APPENDIX H: SEDATION ORDERS

Allergies: _____ Weight: _____ kg

Diagnosis: _____

Service: _____ Attending: _____

SEDATION ANALGESIA DELIRIUM

See ICU Sedation Analgesia Delirium Algorithm

Nursing Orders

- ☐ Daily sedation hold
 1. Hold sedation/analgesia daily.
 2. Assess pt for SBT if on ventilator.
 3. Restart sedation/analgesia at intermittent dosing;

OR if patient's condition requires continuous infusion, restart infusion at ½ pre-interruption dose.
- ☐ Sedate to RASS goal of minus 2 to minus 1. See RASS scale. ([Appendix D](#))
- ☐ ICU Sedation Analgesia Delirium Protocol. See CAM scale. ([Appendix E](#)) See Treatment Algorithm
- ☐ Notify MD

For delirium prior to initiating pharmacologic treatment

For patient on Clonidine - If SBP falls > 30 mmHg or DBP fall > 20 mmHg

ANALGESIA

Intermittent Dosing Start with Intermittent Dosing. If required more than Q 2 Hours, go to Continuous Infusion.

- ☐ fentanyl IV _____ mcg (25-100 mcg). Intravenous, EVERY 1 HOUR AS NEEDED for mild to moderate pain. Titrate pain medications to achieve a level 3 or _____ (pain scale 1-10). Start with Intermittent Dosing. If required more than Q 2 hours, go to Continuous infusion. Administer via slow IV.
- ☐ ketamine IV _____ mg (0.1-0.5 mg/kg). Intravenous, EVERY 1 HOUR AS NEEDED for mild to moderate pain.

Continuous Dosing Stop intermittent dosing if continuous infusion initiated and notify Pharmacy.

- ☐ fentanyl IV _____ mcg (25-250 mcg/hr), Intravenous, CONTINUOUS Titrate pain medication to achieve a level 3 or _____ (pain scale 0-10). Stop intermittent dosing if continuous infusion initiated and notify Pharmacy Services. ****High-Risk Medication****
- ☐ fentanyl IV bolus _____ mcg (25-100 mcg), Intravenous, EVERY 10 MINUTES AS NEEDED for breakthrough pain. Titrate pain medication to achieve a level 3 or _____ (pain scale 0-10). Administer via slow IV.
- ☐ ketamine IV _____ mg (10-40 mg/ hr for ≥70 kg and < 60 years old) CONTINUOUS Titrate pain medication to achieve a level 3 or _____ (pain scale 0-10). Stop intermittent dosing if continuous infusion initiated and notify Pharmacy Services.
- ☐ ketamine IV _____ mg (100 mcg/ kg/ hour) of ketamine CONTINUOUS Titrate pain medication to achieve a level 3 or _____ (pain scale 0-10). Stop intermittent dosing if continuous infusion initiated and notify Pharmacy Services.
- ☐ ketamine IV bolus 0.1-0.5 mg/kg, Intravenous, EVERY 10 MINUTES AS NEEDED for breakthrough pain. Titrate pain medication to achieve a level 3 or _____ (pain scale 0-10).

SEDATION: See RASS scale.

Intermittent Dosing Start with Intermittent Dosing. If required more than Q 2 hours, go to Continuous Infusion.

- ☐ lorazepam (aka ATIVAN) IV _____ mg (1-4 mg), Intravenous, EVERY 1 HOUR AS NEEDED for anxiety/agitation. Start with Intermittent Dosing. If required more than Q 2 hours, go to Continuous Infusion. Titrate sedation to RASS score of -1 to 0.