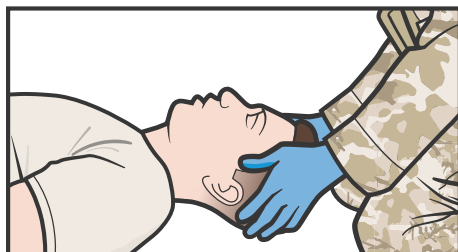


# ONE-PERSON BAG VALVE MASK (BVM)



**CONSIDER** body substance isolation.

**NOTE:** If a Combat Lifesaver is available, direct them to assist.



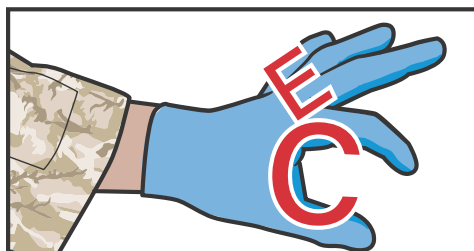
**01 POSITION** yourself at the top of the patient's head.



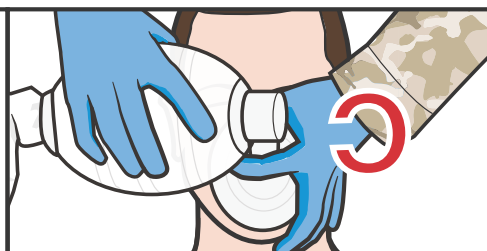
**02 INSERT** a nasopharyngeal airway.



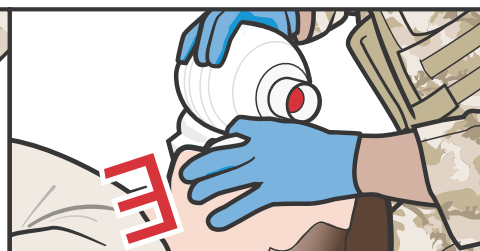
**03 ASSEMBLE** the BVM (connect the mask to port on the bag).



**04 PERFORM** an "EC" technique to hold the mask in place over the patient's mouth by using this procedure:  
**NOTE:** The EC hand position technique is performed using one hand.



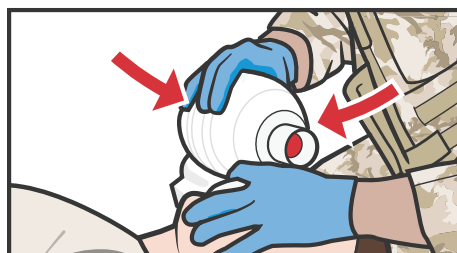
**FORMING** the "C" by placing your thumb over the part of the mask covering the bridge of the nose and your index finger over the part covering the cleft of the chin.



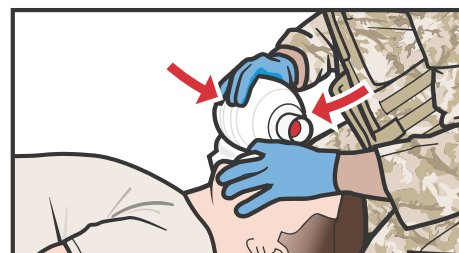
**SEALING** mask firmly on the face by pushing down with thumb and index finger, while pulling up on the mandible, **FORM** the "E", opening the airway by performing head-tilt/chin-lift maneuver.



**05 MAINTAIN** a leakproof mask seal with one hand using firm pressure to hold the mask in position and seal over the patient's mouth.

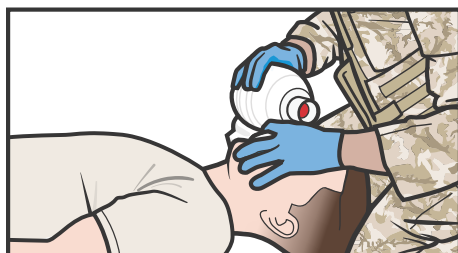


**06 SQUEEZE** the bag with your other hand for 1-2 seconds while observing the chest rise to make certain lungs are inflating effectively.

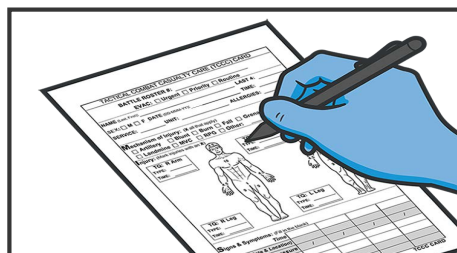


**07 CONTINUE SQUEEZING** the bag once every 5-6 seconds (10-12 breaths/minute).

**NOTE:** Alternatively, the bag may be compressed against your leg or forearm to deliver a greater tidal volume to the patient or help with hand fatigue.



**08 CONTINUE** ventilation, observe for spontaneous respirations, and periodically check the pulse.



**09 DOCUMENT** all findings and treatments on the DD Form 1380 TCCC Casualty Card and attach it to the casualty.